

**BEFORE THE PROVINCIAL SERVICE TRIBUNAL, KHYBER
PAKHTUNKHWA, PESHAWAR.**

In the matter of;

Zahir Shah

V E R S U S

Govt. of KP through Chief Sec. & tohrs

**APPLICATION TO EXPEDITE THE
DATE OF HEARING.**

Provincial Service Tribunal
Library No. 8042
Dated 03/10/23

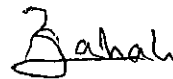
Respectfully Sheweth:

1. That the above noted appeal alongwith connected Service Appeal No.1476/2022, 1478/2022, 1479/2022, 1480/2022 and 1481/2022 are pending before this Honorable Tribunal, wherein next date of hearing is fixed for 03.01.2024.
2. That certainly the issue circulated in the presented case is purely regarding the pensionary allowance of the applicants/ appellants, on the strength of which the domestic fundamental daily base routine wise necessities is dependent over the same, hence applicants/ appellants are surviving their such status, having no other remedy, but the instant main service appeal.
3. That moreover, the applicant/ appellant is recently surgically cardiac operated heart bypass surgery on

17.05.2023, therefore being only/ sole earner of the family, definitely unable to create any other source of income to earn the bread and butter for his family except the above hope.

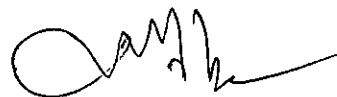
4. That the titled appeal pertains to a service matter wherein the question of financial emoluments and other benefits are involved.
5. That the appellants are retired persons and due to stoppage of financial emoluments and other pensionary benefits are suffering great financial hardship as well as mental agonies.
6. That the next date of hearing is too lengthy while the petitioners/ appellants have a prima facie case and are hopeful of its success.
7. That fixing eth case for a too lengthy date amounts to justice delayed justice denied.

It is therefore, most humbly prayed, that in the light of the above said facts and circumstances the case may kindly be fixed in the upcoming week.



Applicants/ Appellants

Through



INAYAT ULLAH KHAN
Advocate High Court.

Dated: 28.09.2023

AFFIDAVIT:

do hereby solemnly affirm and declare on oath that all the contents of the accompanying Early Hearing Application are true and correct to the best of my knowledge and belief and nothing has been concealed from this Honorable Court.

Bahar
DEPONENT



28-9-23

KHYBER PAKHTUNKHWA SERVICE TRIBUNAL PESHAWAR

PROFORMA FOR EARLY HEARING

FORM 'B'

Inst#

Early Hearing 1476 -p/20 22

In case No. 1476 -p/20 22

Zahir Shah etc vs Govt of KP through chief Secretary & others.

Presented by Inayat Ullah Khan on behalf of Appellant/petitioner Entered
ASC in the relevant register.

Put up along with main case _____

REGISTRAR

Last date fixed	<u>11/09/2023</u>
Reason(S) for last adjournment, if any by the Branch Incharge.	<u>Counsel was busy in Murder before Peshawar High Court -</u>
Date(s) fixed in the similar matter by the Branch Incharge	
Available dates Readers/Assistant Registrar branch	

Assistant Registrar

REGISTRAR

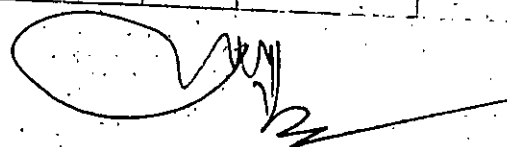
KHYBER PAKHTUNKHWA SERVICE TRIBUNAL PESHAWAR

PROFORMA FOR EARLY HEARING

FORM 'A'

To be filled by the Counsel/Applicant

Case Number	1476/2022		
Case Title	Zahir Shah etc		
Date of Institution	7/10/2022		
Bench	SB	DB	
Case Status	Fresh	Pending	✓
Stage	Notice	Reply	Argument ✓
Urgency to clearly stated.	The appellants are retired persons and their financial emoluments and other pensionary benefit are involved which needs expeditious disposal.		
Nature of the relief sought.	Seeking relief of proforma promotion and having good arguable case and the appellant & others are hopeful about its success having bearing on their salaries and pensionary benefits.		
Next date of hearing	03-01-2024.		
Alleged Target Date	First Week of October 2023		
Counsel for	Petitioner ✓	Respondent	In person



Signature of counsel/party

NOT VALID FOR MEDICOLEGAL / COURT PURPOSE

CARDIOVASCULAR & THORACIC SURGERY

DOCTORS HOSPITAL & MEDICAL CENTER

152 A-G/1, Canal Bank, Johar Town, Lahore

PH. 35302701 - 14, 35302719-20 Fax. 35302224

DISCHARGE SUMMARY

		Med. Reg. No.	1098119		
Name	Mr. Zahir Shah	Age	63 years	Sex	Male
Address	General Abdul Razzaq Kale Tala Shah Sher, Peo Tehsil. Tangi Distt Charsadda Ph# 0301-8822009				
Surgeon Name	Prof. Dr. Khalid Hameed				
Operation	Coronary Artery Bypass Grafting x 4L + PDA Endarterectomy (Beating Heart) (BPO)				
Diagnosis	Ischemic heart disease, Hypertension, Diabetes Mellitus				
Blood Group	=AB= Positive				
Date of Admission	May 16, 2023				
Date of Surgery	May 17, 2023				
Date of Discharge	May 25, 2023				

History of Presenting Illness:

Patient K/C of Diabetes mellitus and Hypertensive was in usual state of health about 01 months back when he started having chest pain, severe in intensity associated with shortness of breath on exertion relieved by rest. Taken to nearby hospital. Angiography and Echo shows TVCAD. EF = 62%. CABG advised.

Angiography 12-05-2023 (Fauji Foundation Hospital Peshawar)

Left Main Stem: Normal.

Left Anterior Descending Artery: Ostial 50-60%. Mid 90% at the origin of D2. D2: Ostial 40% - mid 50%.

Left Circumflex Artery: Ostial 20-30%. Proximal distal junction 80% at OM origin. OM: Big vessel proximal 90%.

Right Coronary Artery: Proximal to mid diffuse 90% lesion.

Impression: TVCAD

Dr. Sher Bahdur Khan

Echocardiogram 26-04-2023 (Abaseen Hospital)

- LA is normal in size. LV is normal in size with preserved systolic function.
- RV is normal in size with preserved function.
- Valvular structure appear normal. No definite segmental wall motion abnormalities seen.
- No definite ASD/VSD seen.
- No LA or LV clot seen.
- No pericardial effusion seen.
- Doppler Comment: E/A ratio reversed. MR not documented.
- Conclusion: Preserved LV systolic function. LV diastolic dysfunction (Grade - I).

Dr. Sher Bahadar Khan

Pre-operative Medication:

Shah following Medication before surgery:

Xenlumet 12.5/1000mg	1 Tablet once daily
Tab. Amaryl 4mg	1 Tablet once daily
Tab. Viglip M 50/1000mg	1 Tablet once daily at night
Tab. Zyloric 100mg	1 Tablet once daily
Inj. Lantus Solostar	25 Units in Morning.
Tab. Rast 10mg	1 Tablet once daily at night
Tab. Cardnit 2.6mg	1 Tablet twice daily
Tab. Concor 5mg	1 Tablet once daily

Past Medical History:

- Ischemic heart disease
- Hypertension
- Diabetes Mellitus
- Covid Recovered & Vaccinated → 2021

Physical Exam:

A 63 year's old male admitted with no obvious distress. Vital signs revealed a pulse of 88bpm, regular and good volume, blood pressure of 120/80mmHg, respiratory rate of 20/min and he was afebrile. Chest exam revealed normal heart sounds in all areas with no murmur, normal vesicular breathing. Abdominal exam revealed no abnormalities with normal gut sounds. CNS exam revealed a well-oriented person, reflexes normally electable. Motor and sensory systems were also intact.

LAB DATA	<p><u>Pre-operative</u> Hemoglobin: 13.8 G/dl; Blood Urea: 31mg/dl, Serum Creatinine: 1.04mg/dl. Pre-operative cardiac enzymes were normal. Pre-operative chest X-ray was showed Pulmonary Edema.</p>
	<p><u>Post-operative</u> Hemoglobin: 11.4 G/dl; Blood Urea: 62mg/dl, Serum Creatinine: 1.05 mg/dl. Post-operative cardiac enzymes were Normal. Postoperative chest X-ray was normal.</p>

Hospital Course:

Patient underwent **Coronary Artery Bypass Grafting x 4L + PDA Endarterectomy (Beating Heart) (BPO)** on May 17, 2023. He was received from CICU without inotropic supports. He had normal ICU stay initially then reshifted to ICU due to **Metabolic Acidosis hyperglycemia**. After 03 days he was shifted to the floor. He was mobilized and physiotherapy was instituted. EF = 62%.
Injection Digoxin 1.5mg given due to Atrial Fibrillation.
02 PCV,s transfused.
USG chest was done on 20-05-2023 & Showed Minimal pleural effusion on right side around 200-250ml & 100-150ml on left side).
USG chest was done on 23-05-2023 & Showed Minimal pleural effusion on right side around 150 & 100-150ml on left side).
Endocrinologist and Pulmonology consultation was done & Medicines were adjusted.

DISCHARGE SUMMARY

PATIENT NAME: Mr. Zahir Shah
OPERATION: Coronary Artery Bypass Grafting x 4L + PDA Endarterectomy (Beating Heart) (BPO)
DATE OF OPERATION: 17-05-2023
DATE OF DISCHARGE: 25-05-2023

<p>PRESENTING COMPLAINTS</p> <ul style="list-style-type: none"> Chest pain + Shortness of breath on exertion → 01 month back 	<p>ACTIVE MEDICAL COMPLAINTS</p> <ul style="list-style-type: none"> Ischemic heart disease Hypertension Diabetes Mellitus <p>Pre- Operative: 16-05-2023 Urea/ Creatinine: 31/1.09 mg/dl Post- Operative: 20-05-2023 Urea/ Creatinine: 62/1.05 mg/dl</p>	<p>Hospital Course: Patient underwent Coronary Artery Bypass Grafting x 4L + PDA Endarterectomy (Beating Heart) (BPO) on May 17, 2023. He was received from CICU without inotropic supports. He had normal ICU stay initially then reshifted to ICU due to Metabolic Acidosis hyperglycemia. After 03 days he was shifted to the floor. He was mobilized and physiotherapy was instituted. EF = 62%. Injection Digoxin 1.5mg given due to Atrial Fibrillation. 02 PCV,s transfused. USG chest was done on 20-05-2023 & Showed Minimal pleural effusion on right side around 200-250ml & 100-150ml on left side). USG chest was done on 23-05-2023 & Showed Minimal pleural effusion on right side around 150 & 100-150ml on left side). Endocrinologist and Pulmonology consultation was done & Medicines were adjusted.</p>
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PAST HISTORY

<p>MEDICAL</p> <ul style="list-style-type: none"> Ischemic heart disease Hypertension Diabetes Mellitus Covid Recovered & Vaccinated → 2021 	<p>SURGICAL</p> <ul style="list-style-type: none"> Appendectomy → 1984
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DRUG ALLERGY

- Not Known

DR. MARINA YAQOOB

NOT VALID FOR MEDICOLEGAL / COURT PURPOSE

Case: Mr. Zahir Shah was Coronary Artery Bypass Grafting x 4L + PDA Endarterectomy

(BPO) is being discharged on following medications

Times of day

Medicines	Morning صبح	After Noon دوپہر	Evening شام	Night رات	Note
Tab. Zinacef 500mg	2 Tablets دو گولیاں		2 Tablets دو گولیاں		دو گولیاں صبح، شام 5 دن
Tab. Ciproxin 500mg	1 Tablet ایک گولی		1 Tablet ایک گولی		ایک گولی صبح، شام 5 دن
Cap. Vibramycin 100mg	1 Capsule ایک کیپسول				ایک کیپسول صبح، 5 دن
Tab. Herbessor 30mg	1 Tablet ایک گولی	1 Tablet ایک گولی	1 Tablet ایک گولی		ایک گولی صبح، دوپہر، شام
Tab. Spiromide 40mg	1 Tablet ایک گولی				ایک گولی روزانہ صبح،
Tab. Xeralto 20mg	1 Tablet ایک گولی				ایک گولی روزانہ صبح،
Tab. Rovista 20mg				1 Tablet ایک گولی	ایک گولی روزانہ رات
Cap. Risek 20mg	1 Capsule ایک کیپسول		1 Capsule ایک کیپسول		ایک کیپسول صبح، شام کھانے سے آدھا گھنٹہ پہلے ایک ہفتہ
Tab. Panodal Extend	1 Tablet ایک گولی		1 Tablet ایک گولی		ایک گولی درد کی صبح، شام صورت
Tab. Nuberal Fort		1 Tablet ایک گولی			ایک گولی روزانہ دوپہر درد کی صورت
Tab. Motilium	1 Tablet ایک گولی	1 Tablet ایک گولی	1 Tablet ایک گولی		ایک گولی صبح، دوپہر، شام کھانے سے پہلے 3 دن
DM: Tab. Sitamet 50/500mg	1 Tablet ایک گولی		1 Tablet ایک گولی		ایک گولی صبح، شام

NOT VALID FOR MEDICOLEGAL / COURT PURPOSE

Inj. Mixtard 70/50	26 Units			22 Units	
Pulmo: Rhinoclanil Nasal Spray	02 Puffs			02 puffs	
Foster Inhaler X 200/5	02 Puffs		02 Puffs		
Tab. Famidol Plus	1 Tablet ایک گولی		1 Tablet ایک گولی		ایک گولی صبح ، شام 7 دن
Nebis with Atem + Levhale	Every 6 Hours				
Tab. Myteka X 10mg				1 Tablet ایک گولی	ایک گولی روزانہ رات

Follow Up and Instruction

- ⇒ Patient will be seen for follow up on June 07, 2023 (Wednesday)
- ⇒ Please call for an appointment on 042-35302719-20 or 042-35302701-14 lines before coming day.
[Ext: 305 & 462 & 212 for Doctors].
- ⇒ Remove saniplast from drain stitches wound after 02 day and daily bath.
- ⇒ Do not use Pyodine, Poly fax, Sprit and any kind of other medicines on wound.
- ⇒ Do not rub the wound with soap, Shampoo and any other things.

DR. MARINA YAQOUB
CICU MEDICAL OFFICE

Zingh

**DOCTORS HOSPITAL & MEDICAL CENTRE
CANALBANKJOHARTOWN,
LAHORE**

OPERATION NOTES

PATIENT NAME Mr Zahir Shah **AGE** 63yrs **SEX** male **ADDRESS** Charsadda
DATE OF OPERATION 17.05.2023 **OPERATION** CABG*4L+PDA endarterectomy
SURGEON Dr.Khalid Hameed / Dr Sarah Saleem **ANAESTHITIST** Dr Tanvir / Dr Atif
SCRUB NURSES Asim / Irshad / Sarwat / Nasreen.

PROCEDURE

APPROACH. Median Sternotomy.

Findings. Moderate LV function.

LSV from both legs & LIMA harvested, both of good quality. Pt. heparinized.
Coronary anatomy was assessed & was found suitable for OPCAB procedure. Patient remained stable during the procedure.

Following grafts were performed.

1.OMI: 1.25mm. Diffusely diseased. SV prepared and anastomosed end to side using 8'0 prolene. Satisfactory flow.

2.Distal CX: 1.25mm. Diffusely diseased. SV prepared and anastomosed end to side using 8'0 prolene. Satisfactory flow

3.PDA: 1.25mm. Diffusely diseased and calcified. Satisfactory endarterectomy was performed. SV prepared and anastomosed end to side using 8'0 prolene. Satisfactory flow

4.LAD: 1.25mm. Diffusely diseased. LIMA prepared and anastomosed end to side using 8'0 prolene. Satisfactory flow

After performing the distal anastomoses proximal ends of SV grafts anastomosed to ascending aorta 7'0 prolene. Protamine infused. Haemostasis secured. Right pleura entered and drained. One mediastinal drain inserted. Chest closed routinely. Pt transferred to ICU in stable condition.


DR KHALID HAMEED
FRCS

Date: 25/05/2023
Time: 4:27:37PM



Doctors Hospital & Medical Centre
Canal Bank, Johar, Town, Lahore Pakistan
Voice: 042-530-2701 to 14 (14 lines)
Fax: 042-530-2224

Provisional Bill Report

MR # 1098119
Room/Ward # Room # 428 / 1.
Patient Name Zahir Shah
Address General Abdul Razzaq Kale Tala Shah Sher Pao Tehsil Tangi Distt Charsadda
Phone 03149521077
C.N.I.C. 1710231425525
Consultant Name Dr. Khalid Hameed

Date of Admission 16-May-2023
Days Stayed 9
Date of Discharge

THIS IS NOT THE FINAL BILL

Services	Amount
Hospital Services	
Room Charges	60,000 / 180,000
Nursing Care	2,500 / 12,500
Registration Fee.	1,500
Cardic ICU	61,000 / 122,000
Medical officer Care	30,000 / 15,000
Sub Total :	331,000
Lab. Diagnostic Services	
Lab. Haematology	7,560
Lab. Microbiology	550
Lab. Cxgb.	108,000 / 160,690
Lab. Chemistry	6,150
Lab. Special Chemistry	2,700
Sub Total :	177,650
Radiology Diagnostic Services	
X Ray	12,500 / 500 / 17,500
Ultra Sound	11,700
ECHO Cardiography	14,000
Sub Total :	43,200
Physician's Charges	
Dr. Faisal Hassan Zahid	36,000
Pulmonology Team Visits	17,000
Sub Total :	53,000
Surgeon's Charges:	
Dr. Khalid Hameed.	36,000
Surgery Package	700,000
Sub Total :	736,000

Detail of Advances				
Id	Date	Type	Receipt #	Amount
Total :				

= 299,620

20% lets as for Dr. Khalid sb
Said

Total Billing 1,340,850
Less: Advance 0
Balance due: 1,340,850

Shah, Childre specialist

26 APR 2023

Prof Dr. Sher Bahadar Khan LAM
(Interventional Cardiologist)

Associate Professor:
Department of Cardiology,
Medical Teaching Institute,
Lady Reading Hospital Peshawar.

M.B.B.S, M.C.P.S, (Medicine), F.C.P.S (Cardiology)
Fellowship Interventional Cardiology (IJN) CLINIC:

Zahiv Shah

C-10 Abaseen Hospital,
Dabgari Garden, Peshawar.
Appointment: 0300-5865987

Since
Angina cis-II → 22.4.23
↑ uncaad on HCT 125mg OD.

Asuplas 1/2
Rast
Asel
Zylonic 100

Cardant
اور سوائی کی سائیکل کے کوم سے سوائی کے
اگر Panadol سے آگے سوائی سوائی نہ کر سکتے ہو

127/74
93

Tab. Angised
جب ضرورت زبان کے نیچے
جب سینہ میں درد ہو

Cardant 26
7.6 — 11
7. CONCOR 5mg
7.6 — 0

7. Insulat plus 25
7.6 — 25

12 اسوائی جاری رکھیں

7. RAST 100
7.6 — 100

اگر تکلیف برقرار رہے تو
انجی گرافی کرنی ہوگی

7. Arsan 80
7.6 — 80

8 ایسوسی ایٹ پروفیسر ڈاکٹر شیر بہادر خان کلینک نمبر 10-C اباسین ہسپتال ڈیگری گارڈن پشاور

PMDC #: 9038-N

کلینک: (پیر تا جمعہ) اور رابطہ کیلئے فون: 0300-5865987

7.6 — 1.1 Zylonic 100



Cardiovascular & Thoracic Surgery

Prof. Dr. Khalid Hameed FRCS
Cardiovascular & Thoracic Surgeon

For Appointment Please Call
042-35302719
042-35302720

Zalim Shah

Xeralto 20mg

دیکریل 15 جے

Losista 20mg

20 جے

~~Carvedilol~~ Carvedilol 6.25mg
(100)

Spiramide 20mg

20 جے

Lanadel

20 جے

Diuretic
meds

KH
21/6/13

13078

2

۱۱۲۱۱

ڈاکٹر جنید فیصل وزیر

ایم بی بی ایس، ڈی ایم ایم ایس، ایم ایس، ایم بی ایچ
ایب سی ای ایس (پاک)، ایم ایچ آر، (کام پی) آئی آر ایس (ایس) (ایچ پی)

ماہر امراض چشم
Zahir Shah Sub



پروفیسر ڈاکٹر نور خان وزیر

ایم بی بی ایس، ڈی ڈی، ایم سی بی ایس (پاک)
ڈی ڈی ایم ایچ (لندن)، ایم ایس سی بی، ایم ایس آئی ایس (امریکہ)
فیوہووزی سٹیٹین
نوبلیٹن ماہر امراض سینہ، جگر، معدہ، پستان

ڈاکٹر نسیم جنید فیصل وزیر

ایم بی بی ایس، ڈی ڈی بی ایس، ایم ایس (سیرالونگی)
جوائنٹ

Age 28 63yr

08/Aug/2023

Sex: M

e/e
D.V/B. Eyes

Kham D.M - 17yr

Hud CAAC. ON Inj

On mouth burn

On Blood thinning agents

Plan.

Good glycaemic +
Diabetic Risk factor
Control

Adv

- Mediphokal 210

1+1+1 - 1+1+1

- Ter max 210

1+1+1 - 1+1+1

- Bleguide 210

2 1+1

(2023)

V.A < 6/6p
N.V < 6/6p
N.V < N. 18
V.A < 6/6
N.V < 6/6
N.V < N. 6

A/S (B:1
1+1

Fr: (M)

Bleat eye

- Subconj Hemorrhage
R. +

رابطہ نمبر: 091-5822718

ایڈریس: فلیٹ نمبر F-16 ملک سعد میڈیکل کیمپس نزد شمالی مارکیٹ فیز 1 حیات آباد پشاور

fr.

Dr. Zafar Iqbal

M.B.B.S., M.C.P.S., F.C.P.S (Pulmonology)
Incharge Pulmonology Department
Lady Reading Hospital Peshawar

Name: Zahir Shah 63y Date: 26/5/2023

Post CABG - 10 days

① Xray Chest PA

Orthopnea

Post 93%

② FBC

(Left side effusion)

(TLC = 1800)

N = 80

Pain i/v cont.

L = 16

1) Tamzo 4.5hr i/v TDS x 7D

2) 2g Dexam 2u i/v OD x 7D

3) 2g Larix 4u i/v OD x 7D

4) Paracetamol 1g TDS x 7D

5) Nebulim → (Atem + Clend composition)

Mix

K 200 L

2-1-3

ڈاکٹر ظفر اقبال

ایم بی بی ایس ایم سی ای ایف سی ایف ایس
ایچ آر جی پی ایس
گورنمنٹ ایڈی ریڈنگ ہسپتال پشاور

Peshawar Institute of Cardiology - MTI

Phase-V, Hayatabad, Peshawar. Phone: +92 91 921 9641-4, Fax: -

Email: healthcare@pic.edu.pk, Website: www.pic.edu.pk

OPD SLIP



F13

PULMONOLOGY - OPD Token# 367

Appointment Time : 13:00

M.R. No : K0500000073023

Name : Zahir Shah

Gender : Male

Age : 63 Year(s)

Serial # : 46310

Invoice # : K05230826779

Father/Husband : NOOR MUHAMMAD

Amount Paid : 50.00

Date : 06-JUN-23 12:47:05

- DM (CAD)

- Post CABG (17/5/23)

History

SOB
Dry Cough
Chest Pain

Clinical Examination

BP - 105/57
HR - 96/min
SpO2 - 97%
Temp - 36.2c
wt - 77kg

Ade
Chest drain insertion
(Right)
Rounded

Provisional Diagnosis

Chest: ↓ B.S on R side

Dr. J. Ashraf Atani

Investigations

U/S Chest for
amount of fluid,
any loculation &
site mark

Chest drain (Right)
to be removed
12/06/23
03339 353608

12/06
12/6/23

Peshawar Institute of Cardiology - MTI

Phase-V, Hayatabad, Peshawar. Phone: +92 91 921 9641-4. Fax: -
Email: healthcare@pic.edu.pk, Website: www.pic.edu.pk

OPD SLIP

PULMONOLOGY - OPD Token# 117

Appointment Time : 09:34

Serial # : 64487

M.R. No K0500000073023

Invoice # : K05231153495

Name : Zahir Shah

Father/Husband : NOOR MUHAMMAD

Gender : Male

Amount Paid : 50.00

Age : 63 Year(s)

Date : 08-AUG-23 09:29:20

History

SOB E
Chest Pain

Clinical Examination

BP - 120/75
HR - 76/min
SpO2 - 95%
Temp - 36.2 C

Wt - 80 kg
Provisional Diagnosis

- DM+ / CAD
- Post CABG (17/5/23)
- Rt. sided pleural effusion
 discharged (6/6/23)

Stop Spiramycin

NA - 128

K - 4.2

Cr - 1.19 (N)

Investigations

CXR (PA view)

CO2

electrolytes +
HBMK
(6.8%)
(hmg)

Dr. Sher Bahadar Khan
(Interventional Cardiologist)

M.B.B.S, M.C.P.S, (Medicine), F.C.P.S (Cardiology)
Fellowship Interventional Cardiology (IJN)

Associate Professor:
Department of Cardiology,
Medical Teaching Institute,
Lady Reading Hospital Peshawar.

Zahiv Shah

02 JUN 2023

CLINIC:
C-10 Abaseen Hospital,
Dabgarl Garden, Peshwar.
Appointment: 0300-5865987

ساب

2-6-23

EF = 58 %

no pericardial effusion

126/75

93

T. Zolpent 40p

بارک - بارک - بارک

T. Spiramide 40p

بارک - بارک - بارک

T. Co-planax 75/75

بارک - بارک

Baraka

T. Carveda 60p

بارک - بارک

T. Treatm 4p

بارک - بارک

T. Rovista 20p

بارک - بارک

T. Freedep 50p

بارک - بارک - بارک

ایسوسی ایٹ پروفیسر ڈاکٹر شیر بہادر خان کلینک نمبر 10-C ایسین ہسپتال ڈگری گارڈن پشاور

PMDC #: 9038-N

93

کلینک: (پیر تاجو) نمبر 10-C ایسین ہسپتال ڈگری گارڈن پشاور

بارک - بارک - بارک

AP 0-15

Dr. Sher Bahadar Khan
(Interventional Cardiologist)

M.B.B.S, M.C.P.S (Medicine), F.C.P.S (Cardiology)
Fellowship Interventional Cardiology (IJN)

05 SEP 2023

Associate Professor:
Department of Cardiology,
Medical Teaching Institute,
Lady Reading Hospital Peshawar.

Zahir Shah

CLINIC:
C-10 Abaseen Hospital,
Dabgari Garden, Peshawar.
Appointment: 0300-5865987

No cardiac symptoms

gynaecorrhagia

dizziness/vertigo

T. Theagra Ultra
0/0/1 - 0

T. Serc 24 +
0/2 - 1+

T. Freedep 50
1 - 6

T. Co-Flavia 75
1 - 6

T. Calveda 6-20
1 - 1

T. Ronsta 20
1 - 1

جب انگوروں کے ساتھ
انہ صبراً چھاجا
اور سر ہلکا
اور غاصو۔ تو

اسی وقت
بلڈ شوگر چیک کرنا
تینا تین

اگر شوگر اسی وقت نارمل ہو
تو Serc شروع کرو

ایسوسی ایٹ پروفیسر ڈاکٹر شیر بہادر خان کلینک نمبر C-10 اباسین ہسپتال ڈبگری گارڈن پشاور 17

PMDC #: 9038-N

کلینک (پیرتا جمو): نمبر اور رابطہ کیلئے فون: 0300-5865987

AF
Sol
Che
BT
BR
SP
Te-
Cx
Co

Dr. Sher Bahadar Khan
(Interventional Cardiologist)

26 JUN 2023

M.B.B.S, M.C.P.S, (Medicine), F.C.P.S (Cardiology)
Fellowship Interventional Cardiology (IJN)

Associate Professor:
Department of Cardiology,
Medical Teaching Institute,
Lady Reading Hospital Peshawar.

CLINIC:
C-10 Abaseen Hospital,
Dabgari Garden, Peshawar.
Appointments: 0300-5865987

Zahid Shah

Post CABG

stable

7. Zopent 40 -
تھوپیڈول - 40

7. Frecedep 50
فریڈیپ - 50

7. Spiramide 200
سپیرامید - 200

7. Co-planax 200
کو پلاناکس - 200

7. Carveda 6.25
کارفدے - 6.25

7. Rovista 200
روویستا - 200

7. Frecedep 50
فریڈیپ - 50

سورجیکل علاج کارڈیو جین

ایسوسی ایٹ پروفیسر ڈاکٹر شیر بہادر خان کلینک نمبر 10-C اباسین ہسپتال ڈبگری گارڈن پشاور

7. Alp 0.25

8/2/22, 5:46 PM

Clinic App: Patientdrugs

Dr. Ibrar ahmad

M.B.B.S, F.C.R.S (MEDICINE)

F.C.R.S (ENDO)

F.R.C.P (LONDON)

CONSULTANT PHYSICIAN

SPECIALIST IN DIABETES

THYROID & METABOLIC DISEASE

ASSISTANT PROFESSOR & DIVISION HEAD

DEPARTMENT OF DIABETES & ENDOCRINOLOGY UNIT

LADY READING HOSPITAL PESHAWAR.



30677

P:Name : ZAHIR SHAH

Patient ID:30677

82 Years

Charsadda

Male

02/08/2022

Diagnosis: T2DM 15yrs

Visit No: 1
Weight: 79 kg
Height: 170 cm
BMI: 27
Mean:
BP: 130/80mmHg

Investigations

FBS: 103mg/dl
HBA1C: 6.80%

Active Problems

Advised

1 Tab Amaryl 4mg	1tab, before breakfast c	ایک گولی ناشتے سے پہلے (جاری رکھیے)
2 Tab Xenglumet 12.5/1000	0-1-0 c	ایک گولی دوپہر (جاری رکھیے)
3 Tab Viglip M 50/1000	0-0-1 c	ایک گولی رات (جاری رکھیے)
4 Inj Lantus Solostar (S.C)	25units, after dinner	25 یونٹ رات کے کھانے کے بعد
5 Cap Oslia Zlac	1tab, after 21days	ایک گولی 21 دن کے بعد
6 Tab Nuberol	1-0-1	ایک گولی صبح ایک گولی رات

Instruction

Dr. Ibrar Ahmad

PMDC No: 7754-N
Contact: 091-2581524
0305-9104207
0315-5846060

<https://clinic.peshawarendocrinologist.com/patientdrugs/printpage/5683/1>

Khattak Medical Center

Aims Clinic 1st Floor Dabgari Garden
Peshawar.

Not Valid For Court Purpose

Dr. Ibrar Ahmad

M.B.B.S, F.C.P.S (MEDICINE)
F.C.P.S (ENDO)
CONSULTANT PHYSICIAN
SPECIALIST IN DIABETES
THYROID & METABOLIC DISEASE
Assistant Professor
Lady Reading Hospital Peshawar



Name: Abdul Age: 6 Sex: M Add: ... Date: 2-6-2023

1, 11M
25
25
704

Di. Achrapal + Lankus
20
20
16

700

SMU

701. Xensu L/M 5/10
...

PMDC No: 7754-N
Contact: 091-2581524
0305-9104207
0315-5846060

Khattak Medical Center
Aims Clinic 1st Floor Dabgari Garden
Peshawar.

Not Valid For Court Purpose

Dr. Ibrar ahmad

MBBS, FCPS (Medicine), FCPS (Endo), FRCP (London)

Consultant Physician / Specialist in Diabetes

Thyroid & Metabolic Disease

Assistant Professor & Divisional Head

Department of Diabetes & Endocrinology

Lady Reading Hospital Peshawar.

PMDC No: 7754-N

PGH
Peshawar General
Hospital



30677

P-Name: ** ZAHIR SHAH

62 Years

Charsadda

Male

05/09/2023

Patient ID: 30677

Diagnosis: T2DM 16yrs

Visit No: 2

Weight: 76 kg

Height: 170 cm

BMI: 26

Mean: Over Weight

BP: 130/80mmHg

Investigations

RBS: 218mg/dl

HBA1C: (7.70%)

Creatinine: 0.8mg/dl

Active Problems

Advised

1 Inj Actrapid (S.C)

20units, before breakfast, 20units before lunch, 16units before dinner c

20 یونٹ

ناشتے سے پہلے

20 یونٹ دن کے کھانے سے پہلے

16 یونٹ رات کے کھانے سے پہلے (جاری)

(رکھے)

2 Inj Lantus Solostar (S.C)

30units, before dinner c

30 یونٹ

رات کے کھانے سے پہلے (جاری رکھے)

3 Tab Xenglu-Lin 10/5

0-1-0 c

ایک گولی دوپہر (جاری رکھے)

Instruction

Sm Sm

S. Corbett 9.12

کسی لیب

Dr. Ibrar Ahmad

Khattak Medical Center

AIMS Clinic 1st Floor Dabgari Garden
Peshawar.

Not Valid For Court Purpose

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0305-9104207

0315-5846060