


Form-A

FORM OF ORDERSHEET

Court of _____

Case No. 771/2024

S.No.	Date of order proceedings	Order or other proceedings with signature of judge
1	2	3
1	10.06.2024	<p>As per direction of the Hon'ble Member Judicial the present appeal is fixed for preliminary hearing before Single Bench at Peshawar on 12.06.2024. Parcha Peshi given to counsel for the appellant.</p> <p style="text-align: right;"> REGISTRAR</p>

7
Respected Madam,

It is submitted that the present appeal was returned to counsel for the appellant for removing the deficiencies (Flag-A). Today i.e. 03.06.2024 the learned counsel re-filed the appeal without removing the objection no.2 & 5 with detail reply (Flag-B).

The appeal is now submitted to your honor under rules 7 (c) of the Khyber Pakhtunkhwa Service Tribunal rules 1974 for appropriate order please.


REGISTRAR 4/6/24

Hon'ble Member (J).


Fix before the court. R
10/6/24

The appeal of Mr. Ilyas Ahmad received today i.e on 17.05.2024 is incomplete on the following score which is returned to the counsel for the appellant for completion and resubmission within 15 days.

- 1- According to sub-rule-4 of rule-6 of Khyber Pakhtunkhwa Service Tribunal rules 1974 respondent no.1 & 4 are un-necessary/improper parties, in light of the rules ibid and on the written direction of the Worthy Chairman the above mentioned respondent number be deleted/struck out from the list of respondent.
- 2- Address of the appellant is incomplete be completed according to rule-6 of Khyber Pakhtunkhwa Service Tribunal rules 1974.
- 3- Memorandum of appeal is not signed by the appellant.
- 4- Annexures of the appeal are unattested.
- 5- Copies of charge sheet, statement of allegations, show cause notice, enquiry report and replies thereto are not attached with the appeal be placed on it.
- 6- Three copies/sets of the appeal along with annexures i.e. complete in all respect for Tribunal and one for each respondent may also be submitted with the appeal.

No. 47 /Inst;/2024/KPST,

Dt. 20/05 /2024.


20/5/24
REGISTRAR
SERVICE TRIBUNAL
KHYBER PAKHTUNKHWA
PESHAWAR.

Mr. Younas Aman Adv.
High Court Peshawar.

Sir,
resubmitted after
removal of all objection
in response of objection No 5
The authorities refusing by providing
the copies of the concerned document
and stated that we will submit
it in the court along with
written REPLY
3/24

**BEFORE THE HON'BLE
SERVICE TRIBUNAL, KHYBER PAKHTUNKHWA,
PESHAWAR**

CHECK LIST

S. No.	Contents	Yes	No
1	This petition has been presented by:		
2	Whether Counsel / Petitioner / Respondent / Deponent have signed the requisite documents?	✓	
3	Whether the enactment under which the case / petition is filed mentioned?	✓	
4	Whether the enactment under which the case / petition is filed is correct?	✓	
5	Whether affidavit is appended?	✓	
6	Whether affidavit is duly attested by competent Oath Commissioner?	✓	
7	Whether petitioner/annexure are properly paged?	✓	
8	Whether annexures are certified?		
9	Whether certificate regarding filing any earlier appeal/petition non the subject, furnished?		✓
10	Whether annexure are legible?	✓	
11	Whether annexure are attested?		
12	Whether Special Power of Attorney Filed?		
13	Whether Special Power of Attorney attested?		
14	Whether copy of application is delivered to A.G./D.A.G.?	✓	
15	Whether Appeal, Revision application is within time?	✓	
16	Whether value for the purpose of court fee and jurisdiction given in the relevant column of the opening sheet is correct?	✓	
17	Whether Power of Attorney of the Counsel engaged is attested and signed by all petitioners/appellants/respondents?		
18	Whether complete spare copy is filed in separate file cover?	✓	
19	Whether numbers of referred cases given/are correct?	✓	
20	Whether petition being sent by post?	✓	
21	Whether appeal/petition contains cuttings/overwriting?		
22	Whether appeal/revision/writ petition is competent?	✓	✓
23	Whether list of books has been provided at the end of the petition?	✓	
24	Whether case related to this Court?	✓	
25	Whether case related to this Bench?	✓	
26	Whether petition drafted by a competent person?		
27	Whether name of Jail in which appellant/petitioner/respondent is confined given?		
28	Whether copies of annexures are readable/clear?	✓	
29	Whether Court Fee stamps affixed?	✓	
30	Whether Court Fee stamps annexed are sufficient?	✓	
31	Whether certified copies of impugned order/decreed sheet before		

	District Judge have been filed?		
32	Whether in view of Order 43 Rule 3 CPC / Rule 2(3) Chapter-4-1, Vol: V of High Court Rules & Orders, Notice along with copy of appeal/petition and annexures has been sent to respondents?		
33	Whether Judicial Officer whose orders are challenged mentioned at the bottom of the panel of respondents?		
34	Whether index filed?		
35	Whether index is correct?	✓	
36	Whether copies of comments/reply/rejoinder provided to opposite party?	✓	
37	Whether addresses of parties given are complete?		
38	Whether addresses of parties are complete?	✓	
39	Whether list of LRs of petitioner filed?	✓	
40	Whether copy of list of LRs of respondents as filed before Courts below or, if not, a certificate to this effect attached?		
41	Whether opening sheet filed?		
42	Whether opening sheet is correct / complete?		
43	Whether approved file cover used?>		
44	Whether separate application filed for each prayer?		
45	Whether separate request has been made for interim relief in writ petition?		
46	Whether security of Rs. 10,000/- deposited with review petition?		
47	Whether review petition filed and certified by the Advocate who had argued the case resulting into order review of which is sought?		
48	Whether purpose of the document filed explained?		
49	Whether respondents sued by name in the CoC?		

It is certified that formalities/documentation as required in the above table have been fulfilled.

Name: Wajid Ali Shahzad

Cell No: 0333-9867513

E-mail s0186974@gmail.com

Signature *Wajid Ali*

Dated: 17th May, 2024

BEFORE THE HON'BLE
KHYBER PAKHTUNKHWA SERVICE
TRIBUNAL PESHAWAR

Service Appeal No. 771 /2024.

Ilyas Ahmad

.....(Appellant)

V E R S U S

Inspector General of Police and others

.....(Respondents)

I N D E X

S. No.	Documents	Annexure	Page No.
1	Service Appeal a/w Affidavit		1-6
2	Copy of CNIC	A	7
3	Copy of Service Card	B	8
4	Copies of medical documents	C	9 to 74
5	Copy of medical board order	D	75
6	Copy of complaint	E	76 to 77
7	Copy of order dated 21.12.2023	F	78
8	Copy of appeal	G	79
9	Wakalat Nama		83

Appellant

Through



Younas Aman

&

Wajid Ali Shahzad

**Advocates High Court,
Peshawar**

Dated: 17.05.2024

BEFORE THE HON'BLE
KHYBER PAKHTUNKHWA SERVICE
TRIBUNAL PESHAWAR

Service Appeal No. 771 /2024

Ilyas Ahmad S/o Muhammad Ghilaf
R/o Androon Hashtnagri, Municipal Corporation, House No.
204, Mohallah Pir Gulab Shah, Peshawar
.....(Appellant)

V E R S U S

- 1) Superintendent of Police, Head Quarter, Police Lines,
CCP Peshawar
- 2) Capital City Police Officer, Police Lines, CCP Peshawar
- 3) The Inspector General of KP Police, CPO Peshawar
.....(Respondents)

Service Appeal Under Section 4 of the
Service Tribunal Act, 1974, against the
impugned order dated 21.12.2023,
whereby the appellant was compulsory
retired from service.

2

Prayer in Appeal:

On acceptance of service appeal, the impugned order dated 21.12.2023 may kindly be set aside and the appellant may graciously be reinstated on his service with all back benefits.

Respectfully Sheweth

The appellant most humbly submits as under:

1. That the appellant is law abiding citizen of Islamic Republic of Pakistan and residing in Hashtnagri, Tehsil & District Peshawar. (Copy of CNIC is attached as Annexure A)
2. That the appellant was appointed on the post of Constable bearing Belt No. 5990 vide order dated 30.09.2023 in KPK Police Department, Peshawar at CCP Office Peshawar. (Copy of service card is attached as Annexure B)
3. That during the service period of the appellant, the appellant served Police Department, during the entire service period there was no complaint against the appellant, the appellant regularly and honestly performed his duties with full devotion and dedication and never committed any sort of mis conduct.

3

4. That during the appellant's service the appellant got Spinal Cord Injury (L4, L5, S1) in the performance of his duty. (Copies of medical documents are attached as Annexure C)
5. That after occurrence of the above said injury the appellant submitted an application for medical board for performance of light duty. (Copy of medical board order is attached as Annexure D)
6. That after performing light duty in service an Incharge forced the appellant to do heavy duty against which the appellant filed complaint to the high-ups. (Copy of complaint is attached as Annexure E)
7. That appellant submitted an application for retirement on medical board which was in process and at the same time inquiry was initiated against the appellant and the appellant was compulsory retired on dated 21.12.2023 without considering my medical conditions. (Copy of order dated 21.12.2023 is attached as Annexure F)
8. That after the appellant filed departmental representation to the CCPO Peshawar through Diary No. 24/PACCPO dated 18.01.2024. (Copy of appeal is attached as Annexure G)

4

9. That the appellant representation was not decided yet in statutory period.
10. That the appellant has no other alternate, efficacious, speedy remedy, hence to approach this hon'ble court, inter alia on the following grounds.

GROUNDS

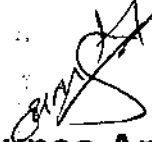
- i) That the order dated 21.12.2023 is unlawful, void ab-initio, against law and rules on subject, hence liable to be set aside.
- ii) That the order in question was passed at the back of the appellant; and is result of political maneuvering and just to please near and dear ones, hence violation of Article 10-A of the Constitution of Pakistan 1973.
- iii) That any other ground will be raised at the time of arguments.

It is, therefore, most humbly prayed that on acceptance of the instant service appeal, the impugned order dated 21.12.2023 may kindly be set aside and the appellant may graciously be reinstated on his service with all back benefits.

5
Any other relief which is not specifically be asked for may also be granted as per circumstances of the case.

Appellant

Through


Younas Aman

&

Wajid Ali Shahzad
Advocates High Court,
Peshawar

Dated: 17.05.2024

Certificate:

No such service appeal on the above subject matter above has earlier been filed before this honourable court.

ADVOCATE

6

BEFORE THE HON'BLE
KHYBER PAKHTUNKHWA SERVICE
TRIBUNAL PESHAWAR

Service Appeal No. _____/2024

Ilyas Ahmad

.....(Appellant)

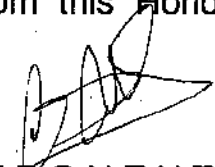
V E R S U S

Inspector General of Police and others

.....(Respondents)

AFFIDAVIT

I, **Ilya Ahmad** S/o Muhammad Ghilaf R/o Mohallah Pir Gulab Shah, Sikandar Pura, Hasthnagri, House No. 204, Peshawar, do hereby solemnly affirm and declare on Oath that the contents of instant **SERVICE APPEAL** are true and correct to the best of my knowledge and belief and nothing has been concealed from this Honourable Court.



DEPONENT



CNIC No. 17301-5612332-9
Cell No. 0312-9030052


Identified by:

Wajid Ali Shahzad
Advocate High Court,
Peshawar

7

PAKISTAN National Identity Card

ISLAMIC REPUBLIC OF PAKISTAN

Name: Uyas Ahmad

Father Name: Muhammad Ghani

Gender: M Country of State: Pakistan

Identity Number: 17301-5612332-9 Date of Birth: 24.02.1987

Date of Issue: 23.01.2024 Date of Expiry: 23.01.2034

Holder's Signature

89719

رجسٹرڈ کارڈ ہولڈر کی شناخت کے لیے اس کارڈ کو برقی طور پر ڈالیں۔

17301-5612332

2024

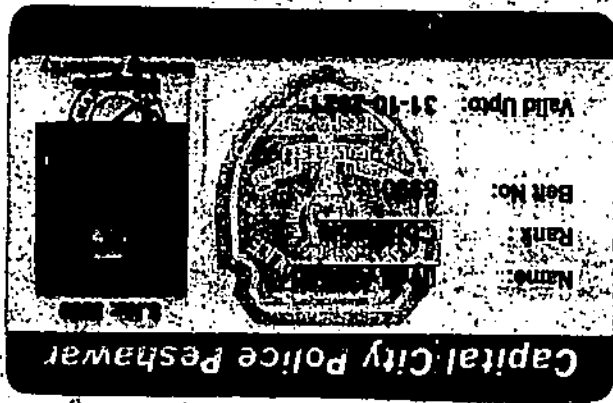
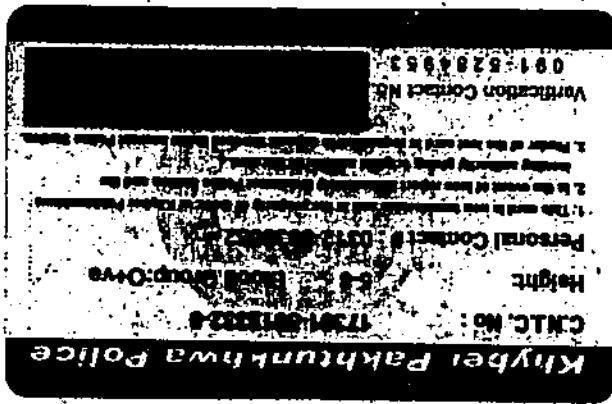
رجسٹرڈ کارڈ ہولڈر کی شناخت کے لیے اس کارڈ کو برقی طور پر ڈالیں۔

2024

505571820573

Registrar General of Pakistan

گمشدہ کارڈ ملنے پر قریبی ایئر کس میں ڈال دیں



8

(9)

ORTHOPAEDIC AND SPINE SURGERY CLINIC

Prof: Dr. Mohammad Arif Khan

Dr. Abdul Sattar

F.C.P.S.(Ortho)
Fellowship in Joint Replacement Surgery
Fellowship in Spine Surgery
Head, Deptt Of Orthopaedic and Spine Surgery
KGMC/Hayat Abad Medical Complex, Peshawar.

F.C.P.S.(ortho)
Senior Registrar - Spine Unit
Deptt Of Orthopaedic and Spine Surgery
KGMC/Hayat Abad Medical Complex, Peshawar

87

Patient Name Jayas Age 28y Sex M Date 2/10/16

Subacute pain - off ca - 2y.

R4

Dr. Shwara
Neck

Dr. Myana
10/10/16

3 Dull (6)
چھٹی سو (س) کی

[Signature]

N- MR

For Appointment Ph:091-2570320
E-mail: a_khan37@yahoo.co.uk

دوبارہ معائنہ کیلئے
امان ہسپتال ڈگری گارڈن پشاور: 8-091-2570321

چھٹی بروز ہفتہ، اتوار

70

Orthopaedic Surgeon

Dr. Ghairat Khan

MBBS, (MD), FCPS, (ORTHOPEDIC)

Orthopedic & Spine Surgeon

Clinic: Opp-L.R.H Peshawar



Not Valid For Court

ماہر امراض ہڈی، ہڈی، جوڑ، کمر درد، عرق النساء

Name 12 years Age 30 Sex M Date 13/05/2013

Rx

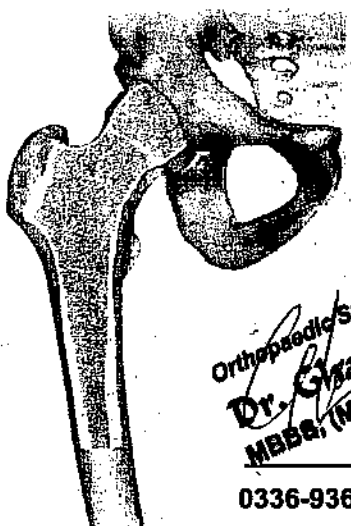
Add Peshawar

Adeno
MRI
Cervical
Hm.

2
Brexin
10
101
W 20
W 20
W 20

Aden
Becl
Rest.
Mucosin
4
Horm
Horm
Horm

2
Nubert
101



Orthopaedic Surgeon
Dr. Ghairat Khan
MBBS, (MD), FCPS (Ortho)

Cap
Esso
101

2
Dalsam
101

Dr. Ghairat Khan

11



ACCIDENT & EMERGENCY DEPARTMENT

Lady-Reading Hospital
Medical Teaching Institution,
Peshawar - PAKISTAN

Amount Paid : 20

Invoice # : K02170453158

Invoice Date : 15-APR-17 12:36:10

OPD No : 17463229

MRNo : K0200000441822

Name : ILYAS

Father / Husband Name : MUHAMMAD GHILAF

Gender : Male

Age : 30 Years

District :

Visit type : REGULAR

Department : EMERGENCY

Complaints:
Operator: ADNAN KHAN

Rx

Counter : EMERGENCY

H/O of fall.

Tab Mubero 700
1 P 1 P

Findings:

X-Ray c-spine
+ Neck + Shoulder

Tab Spina 700
1 P 1 P

Investigations:

[Handwritten signature]

orthopedic consultation
plus ortho Intubator needed
at the moment

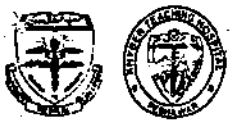
Diagnosis:

Next Visit:

Consultant Name:

Signature:

12



MBBS FCPS (Ortho)
FRCS (Tr & Ortho-UK)
Fellowship Spinal
Surgery (U.K)

Professor of Orthopaedic
Surgery Khyber Medical
College & Khyber Teaching
Hospital Peshawar

Clinic: Room # 201-202
Ibrahimi Hospital
Dabgarl Gardens Peshawar.

DR. ZAHID ASKAR

17/11/17

Slips by 7

Peni C spine . 4 day

Amul Spa

kur mar

kur mar - 7 (N)

- Tale Umar
 1000 (1000)
 - Tu Dintalpa
 1000 (1000)
 - Tu Nephun 20
 1000 (1000)

ڈاکٹر زاہد عسکر
 ایم بی بی ایس، ایف سی بی ایس (آرٹھو)
 ایف آئی ایس (آرٹھو) (انگلینڈ)
 ماہر امراض کمر، ہڈی، جوتہ، منہ

کلینک: کمرہ نمبر 201-202 ابراہیمی ہسپتال ڈگری گارڈنز - پشاور

رابطہ نمبر: 091-5598133 - 2666245 / 2569159 / 091-2220165 / 091-2566594

چھٹی بروز اتوار

13

PROFESSOR

Dr. Mohammad Ali Khan

M.B.B.S., M.R.C.P., (U.K) F.R.C.P. (EDIN)

Medical Specialist

INTERNAL MEDICINE AND CARDIOLOGY

Clinic Timing: 2:00 pm to 8:00 p.m.

KHYBER MEDICAL CENTRE

3rd Floor, Room No. 30, 31, 60
Dabgari Garden Peshawar City Pakistan
Tel: 091-2214716- 2211241

Ref: Name of Patient: *Aliya* Date: *20/11/2011*

Not for Medicolegal USE

Notes & Comments

*Diabetes mellitus
HbA1c - 7.5
Blood sugar - 180
Blood pressure - 140/90
Cholesterol - 250
Urea - 12
Creatinine - 1.2
Hb - 12.5
WBC - 10.5
RBC - 4.5
Platelets - 150*

*Diabetes mellitus
HbA1c - 7.5
Blood sugar - 180
Blood pressure - 140/90
Cholesterol - 250
Urea - 12
Creatinine - 1.2
Hb - 12.5
WBC - 10.5
RBC - 4.5
Platelets - 150*

USE DISPOSABLE
SYRINGES

ACCIDENT & EMERGENCY DEPARTMENT



**Khayber Teaching Hospital
Medical Teaching Institution,
Peshawar - KPK**

Invoice # K03193074 M.S. 19
I.L.Y.A.S AHMAD (19216461)

Operator MUZAMMIL SHAH

32 Years

Male

30-OCT-18 ACUTE EMERGENCY

08:07:51

ILYAS AHMAD

CASUALTY

G
Y
R

Complaints:

Findings:

Investigations:

Diagnosis:

Next Visit:

Handwritten notes in the right column:
 Complaints: Back pain
 Findings: X-ray of spine
 Investigations: MRI L5/S1
 Diagnosis: X-ray of spine
 Next Visit: 003/20/18

Consultant Name:

Signature:

Handwritten notes in the left column:
 Consultant Name: Dr. Ilyas Ahmad
 Signature: [Handwritten Signature]
 Findings: X-ray of spine
 Investigations: MRI L5/S1
 Diagnosis: X-ray of spine
 Next Visit: 003/20/18

Phone: 091-9224401-07

Website: www.kth.gov.pk

75

Dr. Muhammad BinAfsar Jan
MSPT (Aus), GCRS (Aus), BSPT (Pak)
Consultant Physical Therapist
HOD Physical Therapy / Principal CRS
afsar.jan@rmi.edu.pk

PATIENT Ilyas Ahmad , 33y, MALE PRN 20-09-107813

DATE 29 Sep, 2020

DIAGNOSES

- LT scapular dyskinesia / instability (Provisional)

CHIEF COMPLAINT

Right shoulder/neck/upper back pain

HISTORY

since last 1 year

EXAMINATION FINDINGS

posture:
R scapular winging (upward rotation of scapula)
R lateral flexed neck
R scoliosis

Movt analysis:
Overactive R upper trap while doing ~~upper~~ doing shoulder movts
Ribs upward rotated
Overactive R Q/L and T/L fascia
Lower trap/rhomboids inactive

TREATMENT PLAN

Heat therapy
STR(upper trap,R Q/L,T/L)

Manual therapy
Ribs caudal glides
Thoracic manipulation

Lower trap activation
R Q/L stretches
R T/L fascia stretches

Dx:
Scapular dyskinesia

FOLLOW UP

Please visit for follow-up appointment in 3 Weeks



Since: 1980

NOT VALID
FOR COURT

Pak-Frontier Homeo & Limbs Center

Reg No: 149271

Ph: 091-2551052

0321-6180488

Mob: 0315-9125528

بیماری آزمائش بھی ہو سکتی ہے اور پکڑ بھی
اس کیلئے درد شریف اور استغفار کثرت سے پڑھیں۔
بیماری کا علاج صدقہ اور خیرات سے کریں۔

شفاء انسان کے مقدر کا حصہ ہے
اللہ کے حکم کے بعد فائدہ ہوتا ہے

نماز راہ نجات ہے۔

Patient's Name Shahid Age 30y Sex M Date 6/11/17
 Weight _____ Height 5'10"

Clinical Record

Hand
 Feet
 O.M.Y.O.
 C.S.
 170mm
 Back pain
 tingling
 tingling
 tingling
 tingling
 tingling

هو الشافی

203/1
 { x03
 - x03



used
 fine me

Jagunig

Hypertension

Diabetes

Orally Corals

203x187

203 Symp

انچارج 50 سال

Next Visit

یہاں پر مصنوعی اعضاء بنائے جاتے ہیں ٹیڑھے پاؤں اور خمیدہ ٹانگیں بغیر آپریشن سیدھے کئے جاتے ہیں۔ فاج اور پولیو کے مریضوں کے لئے فزوپٹھرائی کی سہولت موجود ہے
 صرف جمعہ کو ہاٹ
 گھڑی عطاء خان چوک پولیس لائن روڈ کوہاٹ
 بل مقابل ملک فوٹو گرافر نزد جامع مسجد سکندر پورہ پشاور (حجامہ کیا ہے حجامہ سنت طریقہ علاج ہے)
 نیز حجامہ کی سہولت موجود ہے

HABIB PHYSIOTHERAPY COMPLEX

(A Project of Habib Foundation)

Dr. Mahboob Ur Rahman

Chief Physiotherapist

Chairman MAMI

B.Sc (Pesh.) BSPT (K.U)

PG, DPA (Pesh. Uni.) EMBA (G.U) PP-DPT (G.U)

هو الشافي



Name: Ilyas Sex: M Age: 33

Address: Hastnagar, Silanwali Date: 9/7/20

Dr. Altaf-ur-Rahman
B.S.P.T, PP-DPT
(MSPT)
Physiotherapist

Dr. Farkhanda Rahman
B.S.P.T, PP-DPT
(MSPT)
Physiotherapist

Dr. M. Daud Afridi
B.S.P.T, ADPT, MSPT
Physiotherapist

Dr. Alamgir
DPT, MSPT
Physiotherapist

Dr. Rizwana Rahman
DPT, MPH *
Physiotherapist

Dr. M. Shoaib
DPT, MSPT
Physiotherapist

Dr. M. Umer Khan
DPT, MSPT
Physiotherapist

Dr. Irzam Haroon
DPT, MSPT
Physiotherapist

Dr. Changaiz Khan
DPT, MSPT
Physiotherapist

Dr. Zakir Ullah
DPT, MSPT
Physiotherapist

Dr. Rahman Wali
DPT, MSPT*
Physiotherapist

Dr. Nelo Gul
DPT, MSPT*
Physiotherapist

Aqsa Hussain
B.Sc Hons, MPH*
Prosthetic & Orthotics

C/O:-

CRP

10y

O/E:-

FLB > 4/5

ELB > 3/5

RLB > 4/5

Profoundly

light

Severe

and

tight

Dizziness

Muscle Deobility

⊙ Pt can't lift weight see of scapular dyskinesis

TKL

so pt take care of him

① Gluteal contract

② Profoundly

③ Coxa

④ Gluteus

⑤ Shoother

⑥ Profoundly

Contract

+ Pain

+ Gown

Medial N. Mobilization

Inner



ACCIDENT & EMERGENCY DEPARTMENT

LADY READING HOSPITAL

MEDICAL TEACHING INSTITUTION

PESHAWAR, KP

Amount Paid : 20

Invoice # : K02183132008

Invoice Date : 09-NOV-18 14:46:51

MRNo : K02ACE18637397

Name : ILYAS AHMAD

Gender : Male

Age : 30 Year(s)

District : Peshawar

Father / Husband Name : MUHAMMAD GHILAF

Visit Type : Acute Emergenc. Department : EMERGENCY

Operator: SAQIB MEHMOOD
Complaints:

Counter : EMERGENCY

Rx

Cl
Backache

Findings:

Investigations:

Diagnosis:

OPD

83

Next Visit: _____

Consultant Name: _____

Signature: _____

Phone: 9211430

website: www.lrh.gov.pk



79

ACCIDENT & EMERGENCY DEPARTMENT

**Lady Reading Hospital
Medical Teaching Institution,
Peshawar - PAKISTAN**

Amount Paid : 20
 Invoice # : K02170447618
 Invoice Date : 14-APR-17 12:12:39
 OPD No : 17458078

MRNo : K0200000436636
 Gender : Male

Name : ILLYAS AHMAD
 Age : 30 Year(s)

Father / Husband Name :
 District :

Visit Type : REGULAR
 Operator: KALEEM ULLAH

Department : EMERGENCY

Counter : EMERGENCY

40

Findings:

Investigations:

Rx

Tab - Neurobral forte

1 + 1

0, 5

Diagnosis:

Next Visit: _____

Consultant Name: _____

Signature: _____



Lady Reading Hospital
Peshawar

DEPARTMENT OF RADIOLOGY

Ph. No. 0092-91-9211430-5

Web: www.lrh.gov.pk

Name:	Ilyas	Sex:	Male
Dated:	23-07-2015	Age:	28 yrs
Ref by:	OPD		

MR Cervical Spine

Contrast media:

No

Clinical data:

Pain right side neck

Findings

Discs: [Normal.]

Cervical Curvature: [Normal.] ✓

Spinal cord: [Normal.] ✓

Vertebrae: [Normal.] ✓

Vertebral marrow: [Normal.] ✓

Posterior neural arches: [Normal.]

Neural foramina: [Normal.]

Subarachnoid space: [Normal.]

Nerve roots: [Normal.]

Ligaments: [Normal.]

Impression

- Normal MRI study

for
Dr. M. Imran Khan (MCPS, FCPS)
Senior Registrar Radiology

IRFAN GENERAL HOSPITAL



IRFAN GENERAL HOSPITAL

LABORATORY REPORT

20

NAME : ILYAS

SEX : MALE

AGE : ?

SPECIMEN : BLOOD

TEST REQUIRED : FBC/ESR/PLATELET COUNT, UREA, BLOOD SUGAR (R), CALCIUM, ALKALINE

DATE : 07/12/2016

TIME : 19:11:29

REPORT # : 1783

REFERRED BY : PROF. DR. MUMTAZ ALI

RESULT

RH. ARTHRITIS FACTOR

Negative (- ive)

فون: 0092 (91) 52 43 286 / 52 44 443

ایڈریس: چارسدہ روڈ بالمقابل عید گاہ نزد عرفان کار سنٹر پشاور

E-mail: irfangeneralthospital@gmail.com

IRFAN GENERAL HOSPITAL



(21)

LABORATORY REPORT

NAME: H. YAS

DATE: 07/12/2016

SEX: MALE

TIME: 19:11:29

AGE: 17

REPORT #: 1783

SPECIMEN: BLOOD

REFERRED BY: PROF. DR. MUMTAZ ALI

TEST REQUIRED: FBC/ESR/PLATELET COUNT, UREA, BLOOD SUGAR (R), CALCIUM, ALKALINE

RESULT

TEST	RESULT	UNITS	NORMAL RANGE
URIC ACID (URATES)	4.6	mg/dl	Male. 3.5 --- 7.2 Female. 2.6 --- 6.0
ALKALINE PHOSPHATASE	172	U/L	Adult 92 --- 279 Child: Upto 645
UREA	23	mg/dl	10 --- 40
CALCIUM	8.3	mg/dl	8.1 --- 10.4
BLOOD SUGAR (R)	109	mg/dl	80 --- 160

فون: 0092 (91) 52 43 286 / 52 44 443

ایڈریس: چار سیدہ روڈ بالمقابل عید گاہ نزد عرفان کار سنٹر پشاور

E-mail: irfangeneralhospital@gmail.com

IRFAN GENERAL HOSPITAL



IRFAN GENERAL HOSPITAL

LABORATORY REPORT

22

NAME : ILYAS

SEX : MALE

AGE : 2

SPECIMEN : BLOOD

TEST REQUIRED : FBC/ESR/PLATELET COUNT, UREA, BLOOD SUGAR (R), CALCIUM, ALKALINE

DATE : 07/12/2016

TIME : 19:11:29

REPORT # : 1783

REFERRED BY : PROF. DR. MUMTAZ ALI

FBC/ESR/PLATELET COUNT

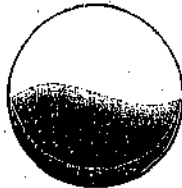
TEST	RESULT	UNITS	NORMAL RANGE
Hemoglobin	14.7	G/dl	M 14 ---- 18 F 12 ---- 16
TLC	6,700	/cmm	4000 - 11000
DIFFERENTIAL COUNT			
Neutrophils	66	%	40 ---- 70
Lymphocytes	31	%	20 ---- 40
Eosinophils	02	%	01 ---- 06
Monocytes	01	%	02 ---- 10
ESR	07	mm/30 min.	M 00 ---- 15 F 00 ---- 20
PLATELET COUNT	3,56,000	/cmm	150000-400000

فون: 0092 (91) 52 43 286 / 52 44 443

ایڈریس: چارسدہ روڈ بالمقابل عمید گاہ نزد عرفان کار سنٹر پشاور

E-mail: irfangenerahospital@gmail.com

Mr. Maqsood Qaisar
M.Phil Microbiology
(Consultant Microbiologist)



POPULAR

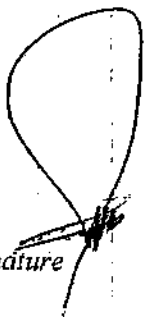
23

Date & Time : Oct. 26, 16.
Patient Name: Ilyas Age: 29 Years Sex: Male Lab No: 597
Investigation Required: Blood for Widal
Ref by: Dr

Clinical Serology:

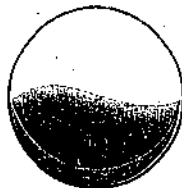
Test	Result	Interpretation of Result
TO (S. Typhi "O")	: 1/40	: Desirable: 1:40
TH (S. Typhi "H")	: 1/180	: Borderline: 1:80
AO (S. Paratyphi "AH")	: 1/20	: Borderline High : 1:160
BH (S. Paratyphi "BH")	: 1/20	: High: 1:320

Remarks: **Negative**


Signature

NOT VALID FOR COURT LAW
POPULAR DIAGNOSTIC CENTRE, SUEKARNO CHOWK, PESHAWAR
Tel: 091-2552890, 0300-9393345

Mr. Maqsood Qaisar
M.Phil Microbiology
(Consultant Microbiologist)



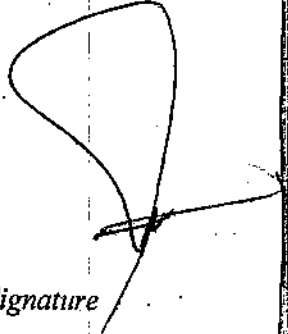
POPULAR

24

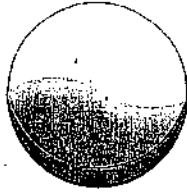
Date & Time: 26 October 2016
Patient Name: Ilyas Age: 29 Years Sex: Male Lab No: 597
Investigation Required: HB%, SGPT, Mp
Ref by: Dr

REPORT

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Normal Value</u>
Hemoglobin	16.1	gm/dl	Male: 14-18 Female: 12-16
SGPT (ALT)	14	U/l	15--45
MP:	No Mp. Seen.		


Signature

NOT VALID FOR COURT LAW
POPULAR DIAGNOSTIC CENTRE, SUEKARNO CHOWK, PESHAWAR
Tel: 091-2552890, 0300-9393345



POPULAR

25

Date & Time: 18-Apr-17 12:52 PM

Patient Name: Ilyas

Age: 30 Years

Sex: Male

MRN: 632

Investigation Required: MRI Cervical Spine

Ref by: Dr.

Technique: Multiplanar, multisequential non contrast MRI Cervical Spine.

Report:

There is mild straightening of the cervical curvature. There is no acute fracture, listhesis or marrow signal abnormality. Vertebral body heights are intact. Intervertebral disc spaces are preserved. There is no tonsillar herniation. Cervical cord appears normal. Posterior elements appear unremarkable.

At C2-3 and C3-4, there is no significant abnormality.

At C4-5, there is dehydrated intervertebral disc, however central canal and exit foramina are patent.

At C5-6, there is minimal circumferential disc osteophyte complex indenting thecal sac without central canal and exit foraminal narrowing.

At C6-7 and C7-T1, there is no significant abnormality.

Prevertebral soft tissues are normal. Visualized thyroid gland and paraspinal muscles are unremarkable. No significant cervical lymphadenopathy is observed.

IMPRESSION:

- Mild straightening of the cervical curvature.
- Dehydrated intervertebral disc at C4-5 level.
- No significant central canal or exit foraminal stenosis.

Dr Muhammad Fiaz

MBBS, B S c, MCPS, FCPS, FRCR-11

Associate Professor,

Surayya Azeem Teaching Hospital, Lahore,

Senior Consultant Radiologist Alrazi Health care

Visiting fellowship (MRI) SGH, Singapore.

This is a computer generated report and no need signature. Reported via internet.

POPULAR DIAGNOSTIC CENTRE, SUEKARNO CHOWK, PESHAWAR

Tel: 091-2552890, Fax: 091-2593235

Sunny Medical Laboratory (Regd)

No-HRA/500/R/PR/LAB/121

Ali Medical Center Opp: L.R.H. O.P.D, Gate Peshawar.

Mobile:0343-9000798 / 0333-9393664



CONSULTANTS

Dr. Shams ur Rehman
M.B.B.S

NAME: ILYAS
REFERRED BY: DR.GHAIRAT KHAN SB
TEST REQUIRED: RA FACTOR.

SEX: MALE
AGE: ?
DATE: 18 April 2017

REPORT

TEST	RESULT
RA FACTOR	NEGATIVE


TECHNOLOGIST

Dr. Shams ur Rehman
M.B.B.S

All queries/Discrepancies if any may be referred to our lab. Within 24 hrs.of reporting For re-evaluation / Confirmation.

Dr. M. Saleem Afirdi

M.B.B.S. (Pb) M.A.I.U.M (USA)

Ex.

Asstt. Radiologist LRH Peshawar.
Radiologist Ministry of Health Iran.

Dr. Abdul Jaleel Ahmed

Ultrasound Specialist

NEW NATIONAL

ULTRASOUND & X-RAYS CLINIC



نیو نیشنل ایکسرے اینڈ الٹراساؤنڈ کلینک

HRA/1225-S No.0825 / PMDC No. 3627-N

Not valid for medico legal purpose

Name: Mr Muhammad Ilyas Date: Friday, February 10, 2017

Ref by: Prof. Dr. Muhammad Ali Khan.

ABDOMINAL ULTRASOUND

Liver is normal in size and shape with homogeneous parenchymal echopattern.

No focal lesion is seen in it.

Portal vein and CBD measure within normal limits.

Gall bladder is normal. No stone or mass is seen in it.

Pancreas is normal morphologically.

Spleen is normal in size with no focal lesion.

Both kidneys are normal in size, shape and echo pattern having adequate amount of cortex. There is no evidence of calculus, hydronephrosis or hydroureter on either side.

No ascites is seen. No enlarged para-aortic lymph nodes.

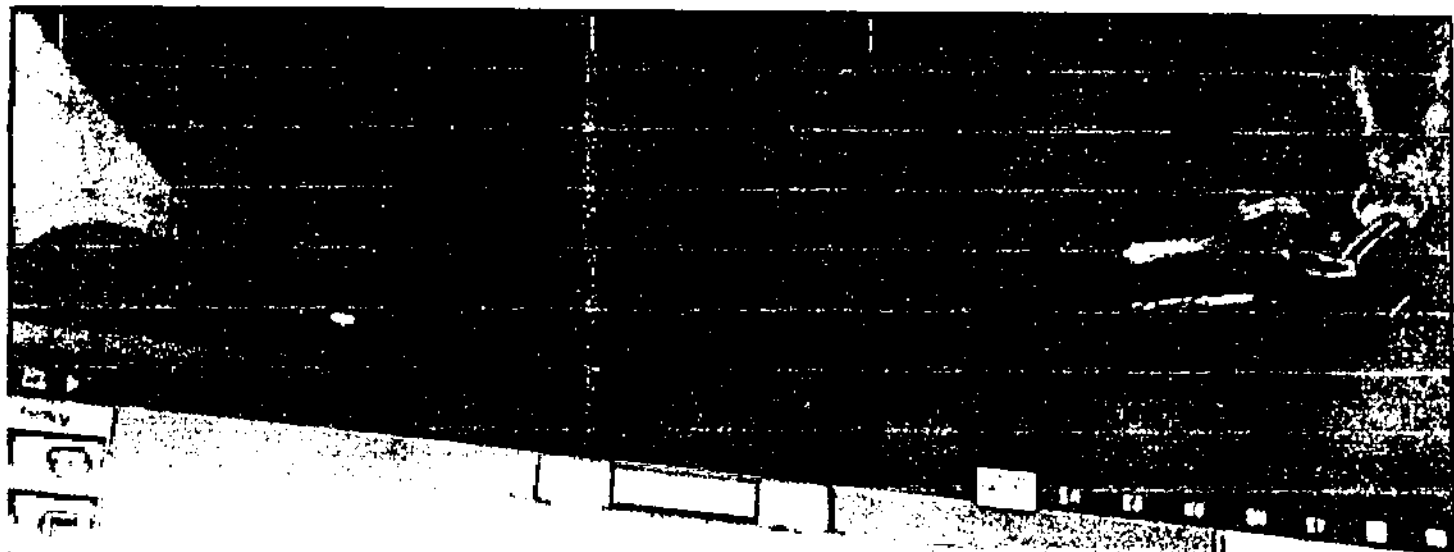
Normal urinary bladder. No stone or mass is seen in it.

Impression:

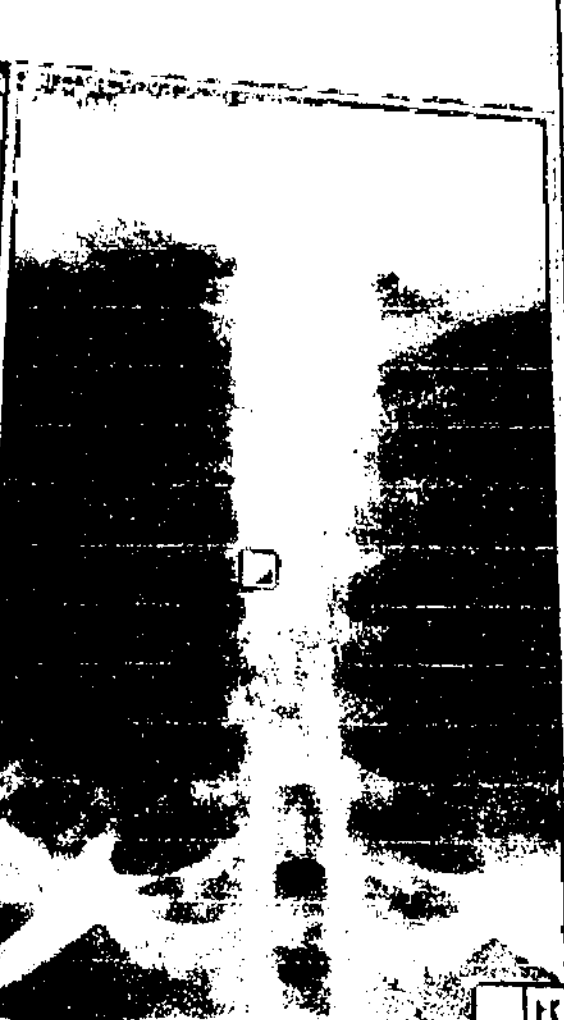
Normal abdominal ultrasound study.

Dr. Abdul Jaleel Ahmed.

Thanks for the referral.



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Form with several empty rectangular boxes, likely for recording data or identifying the subject.

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(89)



ACCIDENT & EMERGENCY DEPARTMENT

Khyber Teaching Hospital
Medical Teaching Institution,
Peshawar - KPK

193074119

19216481

Operator MUZAMMIL SHAN

Male

32 Year(s)

30-OCT-19

ACUTE EMI

S AMMAD

08:07:51

CASUALTY

R
Y
G

Complaints:

Weak
dizziness
nausea

Findings:

Investigations:

Diagnosis:

ECG
24 hr
lab

Rx

teb. (acute)
L. ventricular
MI
ECG
24 hr
lab

Next Visit:

Consultant Name:

Signature:

Phone: 091-9224401-07

Website: www.kth.gov.pk



Jinnah Medical College Teaching Hospital Peshawar

Mob: 0336-9502939
0316-9983221

Registered

OUT DOOR PATIENT

(30)

Patient's Name ILYAS AHMED

Father's / Husband's Name _____

Sex (M) Age 30 yrs Date 4/3/17

PD Serial No 2838 Provisional Diagnosis _____

Clinical Record

- > Restricted
- movs sensitive
- in neck &
- back muscles
- Heaviness in
- head
- Low Mood
- Irritability
- Dizziness
- Fatigue

Cap: Dulan - 20-
52/10 - 5-10-0

Cap: Dulan 30-
52/10 - 5-10-0

Cap: Dulan - 60-
51/6 - 5-10-0

Advised Bed rest for 2 weeks



A project of
Ghulam Yousaf University Peshawar.
(Proposed)

[Signature]
Secretary
Jinnah Medical College Teaching Hospital Peshawar

Near Motor Way Toll Plaza Peshawar. Ph: 091-2614401-3, Fax: 091-2614404



OUTPATIENT DEPARTMENT (OPD)

31

LADY READING HOSPITAL
MEDICAL TEACHING INSTITUTION
PESHAWAR, KP

Appointment Time : 15:18

Amount Paid : 20

Invoice No : K02152132333

Invoice Date : 05-NOV-18 15:18 12

Name : ILYAS AHMAD

Father / Husband Name : MOHAMMAD KHALAF

Age : 31 Year(s)

District : Peshawar

Specialty : ORTHOPEDICS MALE

Room No : 83

Counter : MAIN OPD

Complaints:

- Backache

Rx

Findings:

Handwritten notes:
Rx Nubon 1 for
(025) 12mm

Investigations:

- X ray
Lumbosacral
spine
AP/L

Diagnosis:

Next Visit: _____

Consultant Name: _____

Signature: _____

Phone: 9211430

website: www.lrh.gov.pk



ACCIDENT & EMERGENCY DEPARTMENT
Lady Reading Hospital
Medical Teaching Institution,
Peshawar - PAKISTAN

(32)

Amount Paid : 20

Invoice # : K02170459173

Invoice Date : 17-APR-17 01:52:37

OPD No : 17468846

MRNo : K0200000447449

Name : ILYA

Father / Husband Name :

Gender : Male

Age : 26 Year(s)

District :

Visit Type : REGULAR

Department : EMERGENCY

Counter : EMERGENCY

Complaints:
Operator: SAID SHAH

RX

Pain is needs begins

Pain (N)

no restriction

Reg. Sanitation

Eg. Torment in start

Eg. Zinda in start

Findings:

Investigations:

R

Tab. Brexin

17-1

Tab. Numbinal 750

17-1

Tab. Numbinal 750

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Tab. Numbinal 750

17-1

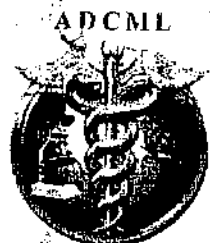
Diagnosis:

Next Visit:

Consultant Name:

Signature:

Tab. Zeezap



HRA/500/RPRLAB/133

ADVANCE DIAGNOSTIC CENTRE AND MEDICAL LABORATORY

(3)

اے ڈی سی ایم ایل

Patient's Name: Ilyas Ahmad Age/Sex: yrs/ male
Consultant: Prof. Dr. Muhammad Ali Date: 10/02/2017
Investigation Req: Special Smear Lab #: 5669

Haematology

ANALYTE	RESULT	REFERENCE RANGE
WBC Count	6600 /cmm	4000-11000/cmm
RBC Count	4.70 mil/cmm	Male: 4.5-6.0 Female 3.8-5.8mil/cmm
Hemoglobin	14.4 g/dl	Male: 14-18 Female: 12-16g/dl
Hematocrit	41.7 %	40-50 %
MCV	88.7 fl	82-98 fl
MCH	30.6 pg	27-31 pg
MCHC	34.5 g/dl	32-36 g/dl
Platelets	347000/cmm	150000-450000/cmm
ESR	18 mm/Hg /1st hr	0-----10 mm/Hg / 1st hr
BLC		
Neutrophils	55%	55-70%
Lymphocytes	42%	25-40%
Monocytes	02%	02-06%
Eosinophils	01%	02-04%

RBC's MORPHOLOGY:

Normochromic Normocytic picture. WBCs show normal active maturation. Platelets are normal in number as well as morphologically.

Opinion: NORMAL SMEAR.

Consultants

Prof. Dr Iqbal M Khan
MBBS, MCPS, FCPS
(Gold Medalist) (Histopathology)

Dr. Muhammad Idrees
MBBS, M.Phil
(Haematology)

Dr. Muhammad Waqas
MBBS, M.Phil
(Histopathology)

Administrator:
Mr. Saleem Khan

ایڈوانس ڈیگنوسٹک سنٹر اینڈ میڈیکل لیبارٹری نزد خیبر میڈیکل سنٹر پشت مسجد بگری گارڈن پشاور

فون: 091-2561748



ADVANCE DIAGNOSTIC CENTRE AND MEDICAL LABORATORY

(34)

اے ڈی سی ایم ایل

HRA/500/R/PR/LAB/133

Patient's Name: Ilyas Alimad Age/Sex: yrs/ male
Consultant: Prof. Dr. Muhammad Ali Date: 10/02/2017
Investigation Req: Routine Analytes Lab #: 5669

TEST REPORT

ANALYTE	RESULT	REFERENCE RANGE
Blood Sugar (R)	110 mg/dl	60 - 180 mg/dl
Liver Function Test		
Bilirubin Total	0.9 mg/dl	Up to 1.0 mg/dl.
ALT (SGPT)	46 U/L	Up to 45 U/L
Albumin	39 g/l	35-----50 g/l
Alk Phosphatase	193 U/L	Female: 65---200U/L Male: 80---270U/P Children: (Upto 15 Yrs) Upto 645U/L Adolescents (Upto 15-17 Yrs) Upto 483U/L

TYPHIDOT

TYPHIDOT IgG	NEGATIVE
TYPHIDOT IgM	POSITIVE

VIRAL PROFILE

HBsAg	NEGATIVE
Anti HCV Ab	NEGATIVE

C o n s u l t a n t s

Prof. Dr Iqbal M Khan
MBBS, MCPS, FCPS
(Gold Medallist) (Histopathology)

Dr. Muhammad Idrees
MBBS, M.Phil
(Haematology)

Dr. Muhammad Waqas
MBBS, M.Phil
(Histopathology)

Administrator:
Mr. Saleem Khan

ایڈوانس ڈائیگنوسٹک سنٹر اینڈ میڈیکل لیبارٹری نزد خیر میڈیکل سنٹر پشت مسجد گبری گارڈن پشاور

فون: 091-2561748

Sunny Medical Laboratory (Regd)

No-HRA/500/R/PR/LAB/121

Ali Medical Center Opp: L.R.H. O.P.D, Gate Peshawar.

Mobile:0343-9000798 / 0333-9393664



CONSULTANTS

Dr. Shams ur Rehman
M.B.B.S

35

NAME: ILYAS
ORDERED BY: DR GHAIKAT KHAN SB
TESTS REQUIRED: FBC, ESR

SEX: MALE
AGE: ?
DATE: 18 April 2017

REPORT

TEST	RESULT	NORMAL RANGE
Hemoglobin	13.2	M:14-18/F12-16g/dl
Total Leukocytes	7200	4000----11,000/cmm
PLATELETS COUNT	313,000	150000---450000 /cmm
NEUTROPHILS	60	ADULT: 40--75Ch: 20-45%
LYMPHOCYTES	35	A.20-40Ch.40-75%
MONOPHILS	03	01-----06 %
PLATELETS	02	00-----06 %
ESR	12 mm/1 st Hr	05-----15 mm/1 st Hr

TECHNOLOGIST

Dr. Shams ur Rehman
M.B.B.S

All queries/Discrepancies if any may be referred to our lab. Within 24 hrs.of reporting For re-evaluation / Confirmation.

The Prophet (PBUH) Said:
 "The Best Medical Treatment
 You Apply Cupping"

(Abu Dawood, Book 28 Hadith 3848)



الحجامة

مستشفى بنشاور صدر

837

S/No: _____

Date: 25-09-2020

Point #: 20 cups

Bldprsr: Normal

Diabetes: Normal

Age: 33/2

Male Female

Patient Name: ILYAS AHMAD

Patient Address: Peshawar

PT

Contact No: 0312-90300852

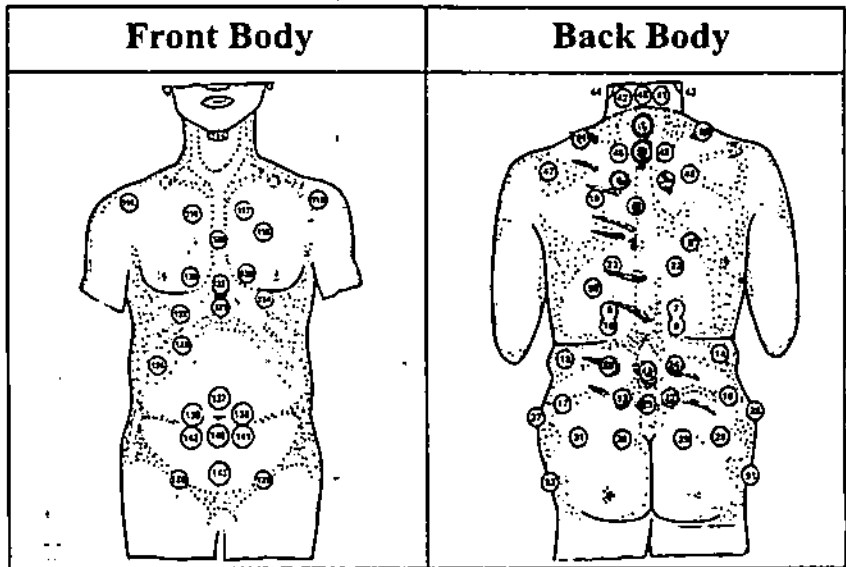
Patient Disease: FOLLOW UP AFT
 2ND

Remarks: _____

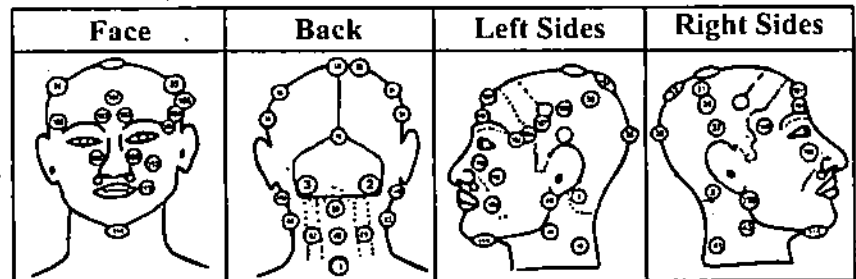
Signature: Niamat Zaman

Body Position

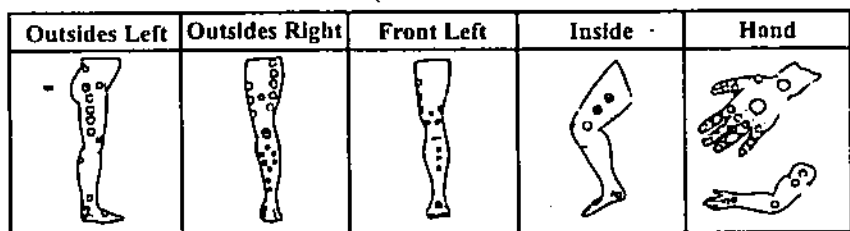
36



Head Position



Upper & Lower Limbs Position



Treatment Specialist: Niamat Zaman

First Floor, Bobby Shopping Center, Near R-sheen Peshawar Cantt.

0333-9592089 0310-0980740

http://www.alhijamah.com

Peshawar Sadder Hijama Center

MUHAMMAD IBRAHIM KHAN

(BSPT, MSPT)
Assistant Professor
Rehman Medical Institute Peshawar

Mohammad Bin Afsar Jan (Consultant Physiotherapist)

MSPT (AUS), GCRS (AUS), BSPT (PAK)
HOD PHYSIOTHERAPY DEPARTMENT
Rehman Medical Institute

Amjad Ali (Consultant Physiotherapist (M.C.))

(BSPT, MSPT)
Hayatabad Medical Complex Peshawar

Name: 1 days Age: Sex: (M) Date: 19-06-17

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 Amjad
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Irfan General Hospital
Charsadda Road Infront of Eid Gah
Near Irfan Car Parking Peshawar.

Cell: 0344-9150079
0333-9122660
E-mail: afsarjan@yahoo.com
muhammad.ibrahim@kmc.edu.pk

Khyber Medical University Peshawar

Mohammad Bin Afsar Jan (Consultant Physiotherapist)
MSPT (AUS), GCRS (AUS), BSPT (PAK)
ASSISTANT PROFESSOR / DIRECTOR



MUHAMMAD IBRAHIM KHAN
MSPT (PAK) BSPT (PAK) NCC(AKUH CHPE (KMU)
LECTURER / CONSULTANT PHYSIOTHERAPIST

Name: Mr. J. J. Age: 27y Sex: (M) Date: 07-12-10

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REHAB CLINIC

Charsada Road Infront Of Eid Gah
Near Irfan Car Parking Peshawar

Cell: 0344-9150079

0333-9122660

E-mail: afsarjan@yahoo.com
muhammad.ibrahim@kmc.edu.pk



MARHABA

(39)

Medical Laboratory (Reg)

HRA REG NO
HRA/500/F/PR/LAB/190

(رجسٹرڈ)

مرحبا ميڈيکل ليبارٹری

NAME : ISMAHWA

DATE : 03/11/2016

SEX : FEMALE

TIME : 14:43:50

AGE : ?

REPORT # : 105

SPECIMEN : BLOOD

REFERRED BY : SELF

TEST REQUIRED : LIVER FUNCTION TEST

RESULT

TEST	RESULT	UNITS	NORMAL RANGE
LIVER FUNCTION TEST			
Bilirubin Total	3.0	mg/dl	00 -----1.0
SGPT (ALT)	1020	U/L	10 ----- 40
Alkaline Phosphatase	1590	U/L	Adult : 80 --- 270 Child : upto 645

Lab Incharge

Near Khairunas Medical Center, Sikandar Pura Bazar Peshawar

Contact: 0310-8525252 - 0300-8586945 - 0300-5973539

مرحبا ميڈيکل ليبارٹری
سنگھري ناس ميڈيکل سنٽر ڪنڊو پوره بازار پشاور شهر

40

Hand
Pain

Rehabilitation Clinic



Dr. Amjid Ali (Consultant Physiotherapist HMC)

BSPT, MSPT

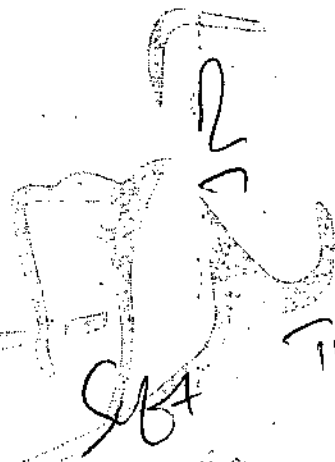
Sex M Date 22-11-22

Neck Pain

ca

Neck Pain

Ret 34
C4-5



T12 M

Spine

R + B

SBA

SMB

UNT T -> ⊖

-1.5m mm
-10

all -> Deep. Res

C5 C6 Radialny

REHAB CLINIC

Irfan General Hospital Charsadda Road
Opp: Eid Gah Peshawar

چارسده روڈ بالقابل عید گاہ نزد مفتی محمود فلاحی اوور پشاور
Cell: 0310-9633974
0344-9150079
E-mail: amjid.ali6022@yahoo.com

(41)

Dr. Muhammad BinAfsar Jan
MSPT (Aus), GCRS (Aus), BSPT (Pak)
Consultant Physical Therapist
HOD Physical Therapy / Principal CRS
afsar.jan@rmi.edu.pk

PATIENT - Ilyas Ahmad, 33y, MALE PRN 20-09-107813

DATE 29 Sep, 2020

DIAGNOSES

- LT scapular dyskinesia / instability (Provisional)

CHIEF COMPLAINT

Right shoulder/neck/upper back pain

HISTORY

since last 1 year

EXAMINATION FINDINGS

posture:
R scapular winging (upward rotation of scapula)
R lateral flexed neck
R scoliosis

Movt analysis:
Overactive R upper trap while doing ~~the~~ doing shoulder movts
Ribs upward rotated
Overactive R Q/L and T/L fascia
Lower trap/rhomboids inactive

TREATMENT PLAN

Heat therapy
STR(upper trap,R Q/L,T/L)

Manual therapy
Ribs caudal glides
Thoracic manipulation

Lower trap activation
R Q/L stretches
R T/L fascia stretches

Dx:
Scapular dyskinesia

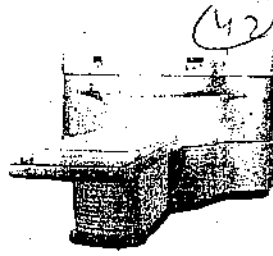
FOLLOW UP

Please visit for follow up appointment in 3 Weeks



Printed by Dr. Bilal Khan on Sep 29, 2020 at 05:04 PM

MODERN OPEN MRI



اوپن ایم آر آئی

مادرن

Dr. Abdur Rehman Khan
EX. Professor & Head of Radiology
LRH Peshawar

Name: Ilyas Ahmad

Age: 35 Y

Male

21-5-2022

Clinical Data:

lbp

MRI Lumbosacral Spine:

T1 and T2 weighted axial, sagittal and para sagittal sections were acquired through lumbosacral spine.

The lumbar curve is normal. The vertebral alignment is normal.

No abnormal marrow signal change in the vertebral bodies.

L1-2 level is unremarkable.

L2-3 level is unremarkable.

L3-4 level level is unremarkable.

L4-5 level, diffuse bulge causing bilateral lateral recesses stenosis.

L5-S1 level, diffuse bulge causing bilateral lateral recesses stenosis.

The conus medullaris is at the level of L1.

Conclusion:

Diffuse bulges at L4-L5 & L5-S1 levels cause bilateral lateral recesses stenosis

Dr. Abdur Rehman Khan

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بابا پارکنگ نزد خوشحال میڈیکل سنٹر ڈبگری گارڈن پشاور

Ph:091-2550022 Mob:0318-0985268

CHIROPRACTOR

Dr. Agha Ebrahim
0300-2305267
0333-5158201
0331-2305222

Mr Ilyas Ahmad

Date: 13/08/2021

Age 33

C5/C6 minimal circumferential disc osteophyte
Dehydrated intervertebral disc at C4/C5
MRI Copy attached
advised posterior belt (also)

- ① Walkers
- ② MRI Lumbar spine (screening)
MRI Dorsal spine (screening)
MRI Cervical spine (screening)
- ③ Heat pad use (Multiple times a day)
- ④ Sea Salt or Salt Bath

Session	15000 / PKR
Consulting	2000 / PKR
Total	17000 / PKR


CHIROPRACTOR
DR. AGHA EBRAHIM

Banglow No. B-14, B-13-D
Gulshan-e-Iqbal Karachi.

Hiba Poly Clinic
Badar Commercial
Phase V, Defence, Karachi.

Banglow No. 52-B/1,
Nazimuddin Road, F/7/4,
Opp. NICL Building,
Islamabad

404

Dr. Muhammad BinAfsar Jan
MSPT (Aus), GCRS (Aus), BSPT (Pak)
Consultant Physical Therapist
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afsar.jan@rmi.edu.pk

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[Provisional]

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Ribs upward rotated
Overactive R Q/L and T/L fascia
Lower trap/rhomboids inactive

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Manual therapy
Ribs caudal glides
Thoracic manipulation

Lower trap activation
R Q/L stretches
R T/L fascia stretches

Dx:
Scapular dyskinesia

FOLLOW UP

Please visit for follow up appointment in 3 Weeks



Printed by Dr. Bilal Khan on Sep 29, 2020 at 05:04 PM



OUTPATIENT DEPARTMENT (OPD)

Khyber Teaching Hospital
Neurological Teaching Institute Peshawar

Appointment Time : 13:45:00

Khyber Pakhtunkhwa - Pakistan

Voice # : K03235049723

Receipt # : K03232442876

M.R. No : K0300004345382

Amount Paid : 20.00

Name : Ilyas Khan

Date : 10-OCT-23

Gender : Male

Age : 36 Year(s)

Complaints:

approx 5 years
Backache
Neck Pain
Pain in Right Leg

Rx

Tab

Maxicam 15gm

1+1

Tab

Zegap 75gm

1+1

Tab

Nuberal Forte

1+1

Findings:

Advice
Spondylosis
Surgery

Investigations:

MRI done

L4-L5

(Avoid lifting heavy weights)
Use a waist belt.

Diagnosis:

Lumbar
Spondylosis

Next Visit:

Consultant Name:

Signature: 

Phone: 091-9224401-07

Website: www.kth.gov.pk

46



OUTPATIENT DEPARTMENT (OPD)

Khyber Teaching Hospital
Medical Teaching Institution, Peshawar
Khyber Pakhtunkhwa - Pakistan.

Appointment Time: 09: 15:00

M.R.No : K0300003258894

Name : Ilyas Ahmad

Gender : Male

Age : 36 Year(s)

Invoice # : K03232594736

Receipt # : K03232177871

Amount Paid : 20.00

Date : 17-Apr-23

Complaints:

Back pain
Fever
Pain Right leg

Findings:

Advice
Therapy

Investigations:

MRI-L5

Diagnosis:

L4-L5

Rx

Tab — Tramadol

۱/۱/۱

Tab Gabrica

۱/۱/۱ + ۱

Tab Nuberal forte

۱/۱/۱ + ۱/۱/۱

Handwritten signature and notes in Urdu script.

Next Visit:

Consultant Name:

Signature:

(47)



DEPARTMENT OF DIAGNOSTIC RADIOLOGY

KHYBER TEACHING HOSPITAL (MTD) Peshawar

Patient's Name: Ilyas Ahmad
Age: 35 Years
Gender: Male
Exam Date: 19 April 2023

MRI OF LUMBAR SPINE

Clinical Data: Pain RIF, Weakness,

Comments

Multiplanar imaging done through lumbar spine acquiring T1 /T2 weighted images.

- Dehydrated diffuse disc bulge is seen at L5 – S1 level indenting anterior thecal sac narrowing bilateral level recesses and neural foramina, however exit canals are normal.
- Dehydrated diffuse disc bulge is also seen at L4 – L5 level indenting anterior thecal sac narrowing bilateral lateral recesses without neural foraminal and exit canal stenosis.
- Rest of vertebrae reveal normal narrow signal.
- Normal pre and para vertebral muscles.
- Normal facet joint and ligamentum flava.
- Myelogram confirms the above mentioned findings.

Conclusion:

Lumbar spondylosis at L4 – L5 and L5 – S1 levels.

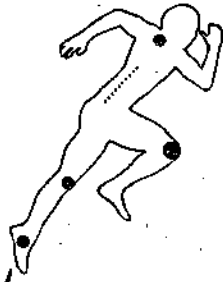
(This is electronically Generated Report does not require Signature)

Note: This report is not valid for medico legal purpose.

Dr. Irsa Shuaib
Trainee Registrar

PHYSIO CURE PHYSIOTHERAPY & REHABILITATION CLINIC

Dr. Rizwan Ullah PT
DPT (KMU)
MS PT KMU (Neurological Rehab)



Dr. Zia Ullah PT
DPT (KMU)
CLUB Foot Trained

Patient Name: Ilyas Ahmmed Age 34 Sex M Date 15/3/2021

Rx

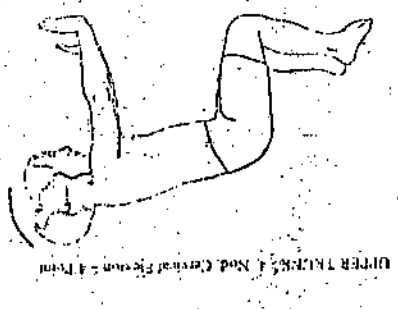
- Go Neck pain
- Lower Lumber pain
- Posture analysis:
 - Neck Rotated and bent **RT** side
 - RT shoulder elevation
 - RT scapular dyskasia
- Flexion scoliosis lower Right
- RT scapular winging
- Cross recruitment

Tx

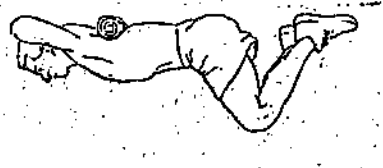
- Heating therapy
- STM (Neck and Limb)
- Manual therapy
 - Thoracic R-~~L~~ Latrod glide.
 - Cervic C5C7 L-R latrod glide
 - Right axial gliding.
- Home Exercise plan
- Stretching L → R. Stray posterior
- R-L posterior sliy stretching
- Neck stability Exer
- Right upper limb stretching Exer
- Postural correction.

Rx

Not Valid For Court



UPPER TRUNKS - 4 Mod. Cervical Flexion - 4 Times
Gently tip chin, nodding head. Axis of movement is through ear. Be sure head does not slump down.
Do _____ times _____ times per day.



SPINAL MOBILIZATION - 11
Thronic Self-Mobilization Stretch (Supine)
With small rolled towel at lower back, level, gently lie back until stretch is felt. Hold _____ seconds. Relax.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.



SHOULDER - 40 Scapular Retraction in Prone Position
With hands clasped behind head, elbows up, pull elbows back, pinching shoulder blades together.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.



SHOULDER - 57 Scapular Protraction - 90° of Flexion
Holding _____ pound weights, attempt to grab arms up toward ceiling, keeping elbows straight and back against floor.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.



SHOULDER - 59 Scapular Flexion (Prone)
Holding _____ pound weights, raise both arms forward. Keep elbows straight.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.



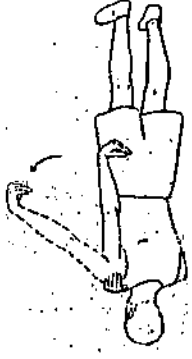
SHOULDER - 66 Scapular Retraction (Prone)
Holding _____ pound weights, keep arms out from sides and elbows bent. Pull elbows back, pinching shoulder blades together.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.



UPPER EXTREMITY - 10
MEDIAN NERVE
MOBILIZATION X
Stand with left palm flat on wall, fingers up, elbow bent, head tilted away. Sidestep straightening elbow.
Do _____ sets of _____ repetitions per session.
Do _____ sessions per day.



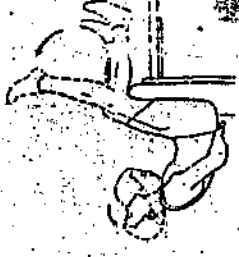
UPPER EXTREMITY - 61
ULNAR NERVE
MOBILIZATION I
Stand with left arm at shoulder height, hand bent slightly, hand and fingers bent back. Simultaneously bend elbow and wrist.
Do _____ sets of _____ repetitions per session.
Do _____ sessions per day.



UPPER EXTREMITY - 41
RADIAL NERVE
MOBILIZATION X
Stand with right arm at side, palm up, hand and fingers pulled up, arm turned in. Hold shoulder down with opposite arm. Raise arm out to side.
Do _____ sets of _____ repetitions per session.
Do _____ sessions per day.



MODILIZATION - 63 Neurovascular
Median Nerve Glides With Elbow Bias - Supine
Lie with neck supported. Hold right arm out to side, elbow bent, thumb down, fingers and wrist bent back. Slowly straighten elbow as far as possible without pain.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per week.



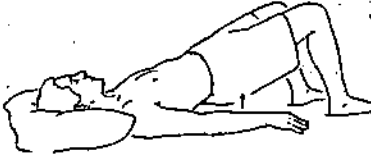
SPINE - 9 SLUMP
MOBILIZATION I
Slouched, hands behind back, chin tucked. Simultaneously straighten both knees, and look up.
Do _____ sets of _____ repetitions per session.
Do _____ sessions per day.

49

50

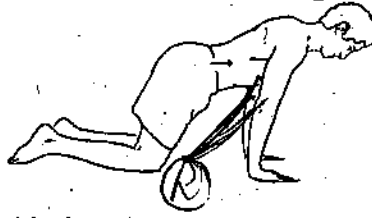
Routine For
Created By: Dr Amjad PT

TRUNK STABILITY - 9 Bridging



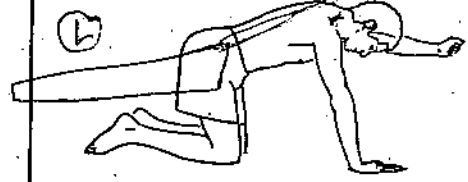
Slowly Raise Buttocks from floor, Keeping stomach tight.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

TRUNK STABILITY- 21 Forward lean (All-fours)



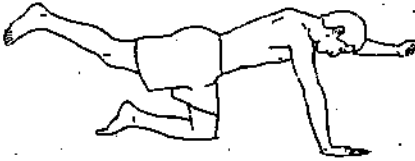
Slowly lean forward, keeping stomach tight, keep trunk rigid
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

TRUNK STABILITY - 19
Upper Extremity Extension (All-Fours)



Tighten Stomach and raise [all] arm parallel to floor
Keep trunk rigid.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

TRUNK STABILITY - 20
Upper / Lower Extremity Extension (All-Fours)



Tighten stomach and raise right leg and opposite arm.
Keep trunk rigid.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

BACK - 4 Hip Extension (Prone)



Lift left leg _____ inches from floor, keeping knee locked.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

TRUNK STABILITY - 12 Straight Leg Raise



Tighten stomach and slowly raise locked right leg _____ inches from floor.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

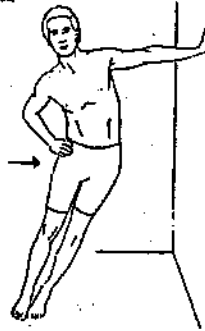
TRUNK STABILITY - 10 Unilateral Isometric Hip Flexion



Tighten stomach and raise right knee to outstretched arm.
Push gently keeping arm straight trunk rigid. Hold _____ seconds
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

BACK - 6 Wall Lean Stretch

With left hand against wall, slowly stretch hips towards wall, other arm supporting trunk. Hold _____ seconds. Relax.



Repeat _____ Times per set
Do _____ Sets per session.
Do _____ Session per day.

BACK - 18 Knee to Chest stretch Unilateral



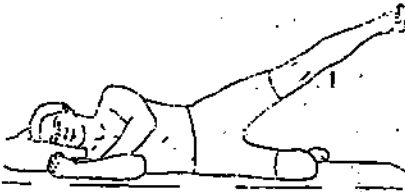
With hand behind right knee. Pull knee in to chest until a comfortable stretch is felt in lower back and buttocks.
Keep back relaxed Hold _____ seconds.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

SHOULDER - 95 ROM: External Rotation - Wand (Supine)



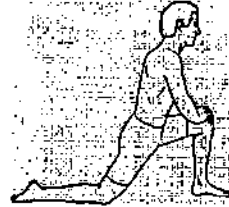
Lie on back holding wand with elbows bent to 90°. Rotate forearms over head as far as possible.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

HIP / KNEE - 21 Strengthening Hip Abduction (Side-Lying)



Tighten muscles on front of left thigh, then lift leg _____ inches from surface, keeping knee locked.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

HIP KNEE - 34 Stretching: Hip Flexor



Kneeling on right knee, slowly push pelvis down while slightly arching back until stretch is felt on front of hip.
Hold _____ seconds.
Repeat _____ times per set. Do _____ sets per session.
Do _____ sessions per day.

(5)

Routine For:
Created By: Dr Amjad PT

SHOULDER - 57 Scapular Protraction - 90° of Flexion



Holding _____ pound weights, attempt to push arms up toward ceiling, keeping elbows straight and back against floor.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.

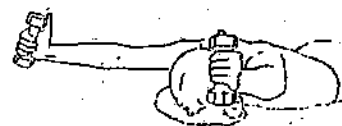
SHOULDER - 60 Scapular Retraction (Prone)



Holding _____ pound weights, keep arms out from sides and elbows bent. Pull elbows back, pinching shoulder blades together.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.

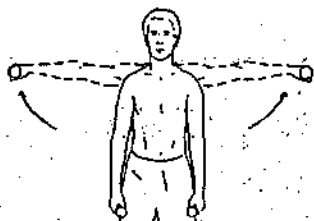
SHOULDER - 59 Scapular Flexion (Prone)



Holding _____ pound weights, raise both arms forward. Keep elbows straight.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.

SHOULDER - 67 Progressive Resisted: Abduction (Standing)



Holding _____ pound weights, raise arms out from sides.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.

SHOULDER - 61 Progressive Resisted: External Rotation (Side-Lying)



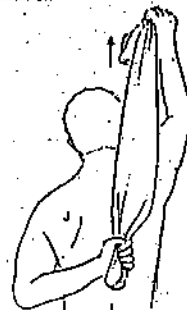
Holding _____ pound weight, towel under arm, raise right forearm toward ceiling. Keep elbow bent and at side.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.

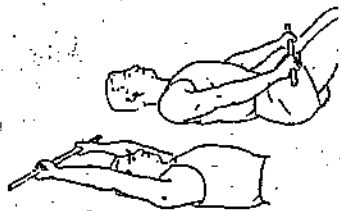
SHOULDER - 73 ROM: Towel Stretch - with Internal Rotation

Pull left arm up behind back by pulling towel up with other arm. Hold _____ seconds.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.



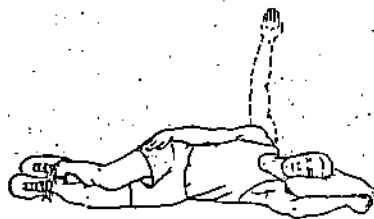
SHOULDER - 93 ROM: Flexion - Wand (Supine)



Lie on back holding wand. Raise arms over head.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.

SHOULDER - 96 Abduction (Side-Lying)



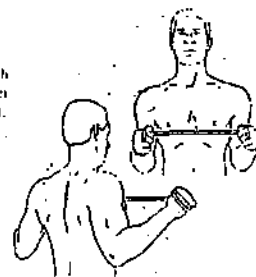
Lie on left side. Raise arm above head. Keep palm forward.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.

SHOULDER - 112 Resisted External Rotation in Neutral - Bilateral

Sit or stand, rotate in both hands, elbows at sides, bent to 90°. Forearms forward. Pinch shoulder blades together and rotate forearms out. Keep elbows at sides.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.



SPINAL MOBILIZATION - 14 Lumbar Self-Mobilization Stretch (Supine)



With small rolled towel at lumbar level, gently lie back until stretch is felt. Hold _____ seconds. Relax.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.

SPINAL MOBILIZATION - 17 Thoracic Self-Mobilization (Sitting)

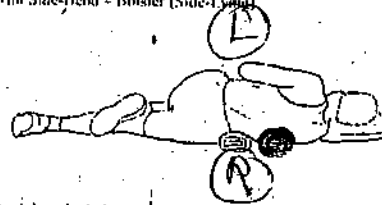
With rolled towel crosswise at lower ribs level, fingers interlocked behind neck, pull left knee toward chest while stretching back. Hold _____ seconds. Relax.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.



30

SPINAL MOBILIZATION - 24 Lumbar Rotation with Side-Dend - Bolster (Side-Lying)



Do right side. Bolster at lumbar level, top leg bent _____ degrees, rotate upper torso back until stretch is felt. Hold _____ seconds. Relax.

Repeat _____ times per set. Do _____ sets per session. Do _____ sessions per day.

Ely Reading Hospital, NTHB
 1000 Ely Road, Ely, NH 03305
 (603) 883-1000

Order No	Order Date	Order Type	Item Description	Qty	Rate	Amount
210209815	01/15/04	Standard				
00000004243324			PHYSICAL SPINE	1	4.000	4.000
			PHYSICAL SPINE	1	4.000	4.000
Total Amount						8.00000
Cash						8.00000

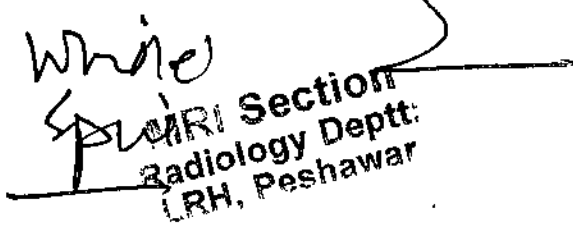
652



(S)

IPSP 4243324

OUTPATIENT DEPARTMENT (OPD)
 MEDICAL TEACHING INSTITUTION PESHAWAR, KP
 Hayatabad Medical Complex

	Rx	
Presenting Complaints		Remarks
Past Medication History	<p><i>Ch. Pain / Neck Pain</i> <i>Had multiple consultations</i> <i>& physiotherapy.</i> <i>NOT improved.</i></p>	
Investigations	<p><i>- TB's Porexa</i> <i>20 4 2W</i> <i>- TB's Tenzi</i> <i>20 4 2W</i></p>	
Diagnosis	<p><i>Adh</i></p> <p><i>MPI</i> <i>White</i></p> <p style="text-align: center;">  <i>2</i> </p>	
Plan	Reason For Referral	Stamp & Signature of Prescriber

54

CHIROPRACTOR

Dr. Agha Ebrahim
0300-2305267
0333-5158201
0331-2305222

Mr. Ilyas Ahmed

Date: 13/03/2021

Age 33

C5/C6 minimal circumferential disc osteophyte
Dehydrated intervertebral disc at C4/C5
MRI Copy attached
advised posture belt (also)

- ① Walker
- ② MRI Lumbar spine (screening)
MRI Dorsal spine (screening)
MRI Cervical spine (screening)
- ③ Heat pad use (Multiple times a day)
- ④ Sea Salt or Salt Bath

Session	15000 / PKR
Consulting	2000 / PKR
Total	17000 / PKR

CHIROPRACTOR
DR. AGHA EBRAHIM



MBBS FCPS (Ortho)
FRCS (Tr & Ortho-UK)
Fellowship Spinal
Surgery (U.K)

Professor of Orthopaedic
Surgery Khyber Medical
College & Khyber Teaching
Hospital Peshawar

Clinic: Room # 202-203-204
Ibrahimi Hospital
Dabgari Gardens Peshawar.

DR. ZAHID ASKAR

Date: 11/1/17

Dr. Zahid Askar

UR - 15-year

Hyg for + Hx
C-wall & Bely

877 -

NR -

Muscle Pain

MRI USG

Tel Ahmed

1000 1000

1000

Tel Mehjabeen

1000 1000

1000

Tel Syed Ali

1000 1000

Syn Ulzami

1000 1000

Signature

اکٹر زاہد عسکر

ایف بی ایس، ایف سی پی ایس (آرٹھو)

ایف آئی ایس (آرٹھو) (انگلینڈ)

ماہر امراض کمر، ہڈی، جوڑ، ہاتھ

رابطہ کے لیے نمبر یہاں سے حاصل کریں

شعبہ: 0312-0900166

2 بجے 8

چھٹی بروز اتوار

لینک: کمرہ نمبر 202-203-204 دوسری منزل ابرہیمی ہسپتال ڈبگری گارڈن پشاور

DR. Muhammad Usman Khan

Neurosurgeon

نیوروسرجن

MBBS, MCPS, FCPS (neurosurgery)
District Neurosurgeon
Naseer Ullah Babar Memorial Hospital
Kohat road, Peshawar
PMDC NO: 10211-N

ڈاکٹر محمد عثمان خان

police -

Patient Name: الاس Age: 30y Sex: m Date: 3-3-17

→ fitness problem
caud (Discal) pain
Moderate sup's

MU - (M) ✓

Neogast 25
Afcamid ro
Tormax
Eperon

NOT VALID FOR MEDICO LEGAL PURPOSE

تعمیل پر روز ہفتہ و اتوار

نمبر حاصل کرنے کیلئے اس نمبر پر رابطہ کریں۔

اوقات کار: سہ پہر 4:00 بجے سے رات 7:00 بجے تک

091-2214800

کلینک: صدر بلڈنگ نزد مراد آباد سائبر سائٹ ڈیپارٹمنٹ گارڈن ایشور

(58)

Orthopaedic Surgeon

Dr. Ghairat Khan

MBBS, (MD), FCPS, (ORTHOPEDIC)

Orthopedic & Spine Surgeon

Clinic: Opp-L.R.H Peshawar

هو الشافی



Not Valid For Court

ماہر امراض ہڈی، جوڑ، کمر درد، عرق النساء

Name Ilyas Age _____ Sex M Date 18/4/17

Rx Add _____

Pain in shoulder
radial to upper limb
restrict motion
2 spins
swelling (+)

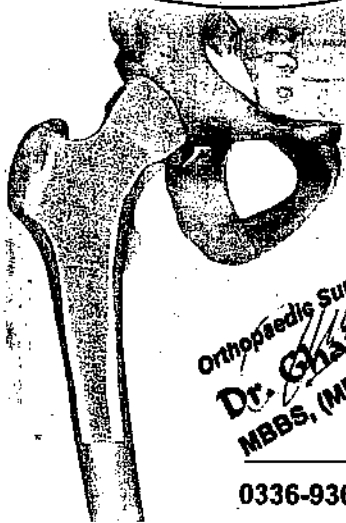
↳ naproxen

↳ myonal

↳ Cap. BSSO 20

↳

FRC + 2502
RA fracture



Orthopaedic Surgeon
Dr. Ghairat Khan
MBBS, (MD), FCPS (Ortho)

آرٹھوپڈک سرجن
ڈاکٹر غیرت خان

کلینک: کمرہ نمبر 215, 216 دوسری منزل علی میڈیکل سنٹر، بالقابل ایل آراچی اوپی ڈی گیٹ پشاور۔ نمبر حاصل کرنے کیلئے: 0336-9364243

59



NEUROSURGICAL ASSOCIATES CLINIC



Dr. Mumtaz Ali

MBBS, FCPS (Neurosurgery)

ESCD. Spine (France)

Brain & Spine Surgeon

Professor of Neurosurgery

Department of Neurosurgery, PGMI,

Govt. Lady Reading Hospital Peshawar (Pakistan)

Dr. Naseer Hassan

MBBS, FCPS (Neurosurgery)

Neurosurgeon L.R.H Peshawar

07 DEC 2016

Asst. Prof.

Dr. Ramzan Hussain

MBBS, FCPS (Neurosurgery)

Nowshera Medical College

Nowshera

Handwritten signature: Ramzan Hussain

Handwritten signature: Dr. Mumtaz Ali

Handwritten mark

Handwritten mark

Handwritten signature: Dr. Naseer Hassan

Handwritten signature: Dr. Mumtaz Ali

Handwritten signature: Dr. Naseer Hassan

Handwritten signature: Dr. Mumtaz Ali

Handwritten signature: Dr. Naseer Hassan

NOTE: Not Valid for Medicolegal Purpose

Clinic: Irfan General Hospital Opp. Eid Gah Charsadda Road Peshawar.

Email: ns_mumtazali@yahoo.com

13

60



SERVICES HOSPITAL PESHAWAR
GOVERNMENT OF KHYBER PAKHTUNKHWA
OPD REGISTRATION

Rs. 5/-

Name ILYAS AHMED Age 28 Sex MALE
Department GENERAL OPD Address PESHAWAR
Hospital Yearly No. 42024 Dated 17-06-2015

History

R/-

f= neck
- Hypertensive
Clinical Examination
- Tongue
- Sleep, L

① Tab Prothaden 258
سے 10/10/15

② Tab Mexicom 158
پسے 14

③ Tab Zeezap 158
پسے 14

Provisional Diagnosis

Mxg - Poor

Investigations

Refer to CRU for
better management
(Psychiatry 22)

Doctor on Duty _____ Doctor's Signature _____

64

MEDICAL TEACHING INSTITUTION

Lady Reading Hospital

Postgraduate

Invoice # KU2170016855

Counter: MAN OPD

M.A. No. KL 2000001621

Operator: TALIK JAMIE KHAN

1700754

25-JAN-17 11:59:34

Party No:

Date:

Name:

LYAS

59 years) Male

OPD:

NEURO SURGERY

Peshawar Pakistan

REGULAR

From No. 47

②
③
④

la' bot scapula
chulal

Neck pain
My study

~~ADP~~
MMD c spine
10 ml
mobilisat II

casta 5
1-1

2

EQD

Cervical
Postural
Home x, Plan 2

MUHD 14
R-1

4

✓

25/12
25/12
25/12

↑



SERVICES HOSPITAL PESHAWAR GOVERNMENT OF KPK OPD REGISTRATION

Name _____ Age _____ Sex _____

Department _____ Address _____

Hospital Yearly No. ILYASAHMAD 32

History	Pl.	GENERAL OPD	PESHAWAR
		14819-20	22-01-2020
Clinical Examination			
Provisional Diagnosis			
Investigations			

Doctor on Duty _____ Doctor's Signature _____



SERVICES HOSPITAL PESHAWAR
GOVERNMENT OF KHYBER PAKHTUNKHWA
OPD REGISTRATION

RS-10/-

90

68

Name _____ Age _____ Sex _____

Department _____ Address _____

Hospital Yearly No. _____ Date _____ 32

MAT.F.

History

R/- GENERAL OPD PESHAWAR

UBP

180679-19 09-12-2019

Clinical Examination

T28 A'er
-1H

Provisional Diagnosis

T28 neck
- 2 weeks

Investigations

T28 Thrombocytopenia
- 2 weeks
Avoid weight lifting
bend
- Advised light duty
for a week
will Review after a week

Doctor On Duty _____

Doctor's Signature _____

[Handwritten signature]

69



SERVICES HOSPITAL PESHAWAR
GOVERNMENT OF KHYBER PAKHTUNKHWA

OPD REGISTRATION

AL ILYAS

31

MALE

Name _____ Age _____ Sex _____

PESHAWAR

Department _____ Address _____

111909-18

09-10-2018

Hospital Yearly No. _____ Dated _____

History

Issue Rmt
Pic neck

R/-

① Tab Gen-cepto 500mg
- 14

Clinical Examination

② Tab Voltalene 500mg
- 14

Provisional Diagnosis

③ Tab Rakazole
- 14
④ Tab Cosolmin
- 14
⑤ Tab Cyclofer
- 14

Investigations

[Handwritten signature]

Doctor on Duty _____ Doctor's Signature _____

(65)



SERVICES HOSPITAL PESHAWAR
GOVERNMENT OF KHYBER PAKHTUNKHWA
OPD REGISTRATION

BS-107

Name _____ Age _____ Sex _____
Department _____ Address _____
Hospital Yearly No. _____ Dated _____
15/05/2013 30

History	R/- GENERAL OPD <u>ORTHO OPD</u> ✓ 2013 12 21 01 2013
Clinical Examination	- Tab - Novax (4mg) - 2 2 4 2 1 2 3 4 (22)
Provisional Diagnosis	
Investigations	Adv 2 X-ray total Hip (X-ray Hip) CMT lab

Doctor on Duty _____ Doctor's Signature _____
[Handwritten Signature]

65



SERVICES HOSPITAL PESHAWAR GOVERNMENT OF KPK OPD REGISTRATION

Name ALYAS Age Sex MALE

Department GENERAL OPD Address PESHAWAR

Hospital Yearly No. 144078-22 Dated 17-06-2022

History

R/-

ABP → Eye
Tissue

① T28 Meloxicam
- 1+1

② P28 Bonyon
w1

Clinical Examination

Bonyon
Bladder
P28

③ P28 Nalid
- 1+1

Provisional Diagnosis

④ T28 Bonyon
w2

Physiotherapy

Investigations

[Handwritten signature]

Doctor on Duty _____ Doctor's Signature _____

67



SERVICES HOSPITAL PESHAWAR
GOVERNMENT OF KPK
OPD REGISTRATION

RS. 10/-

Name Ali Yas Ahmad Age _____ Sex M

Department _____ Address _____

Hospital Yearly No. 60 Dated 7-11-22

History

Ri- Z N Sale
Z pumar

Clinical Examination

Z pumar
Z N Sale

Provisional Diagnosis

Z bond

Investigations

Bad Test for 03/22

Physician
Police Services Hospital
Peshawar

Doctor on Duty _____ Doctor's Signature _____



SERVICES HOSPITAL PESHAWAR
GOVERNMENT OF KPK
OPD REGISTRATION

RS-101

68

Name _____ Age _____ Sex _____

Department ILYAS AHMAD Address 34 MALE

Hospital Yearly No. GENERAL OPD Dated PESHAWAR

41686-22 15-03-2022

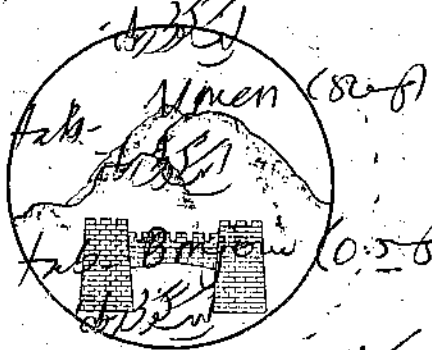
History

R/-

DM/HRD

4/10/22
1/3/22
(Backache)
Clinical Examination
amputated
member

- Tub - Kavie Fate



Provisional Diagnosis

S. Sclerosis

Referred to Physio

Investigations

HRD

Doctor on Duty _____ Doctor's Signature _____



SERVICES HOSPITAL PESHAWAR
GOVERNMENT OF KPK
OPD REGISTRATION

69

Name ILYAS AHMAD Age 35 Sex MALE
 Department GENERAL OPD Address PESHAWAR
 Hospital Yearly No. 73936-22 Dated 22-03-2022

History

RTA with
~~Person~~ ~~Insurance~~
 neck
 back

R/-

Ref to
 other
 100%
 RTA
 Tal Voren

Clinical Examination

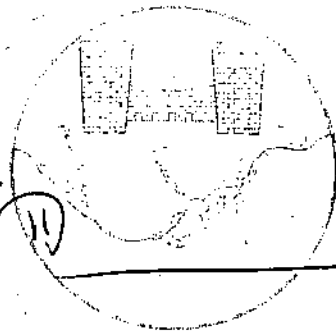


Provisional Diagnosis

Physiotherapy

Investigations

Doctor on Duty [Signature] Doctor's Signature



Ref to Sp. & Surg. / Ortho
Phno.

Professional Diagnosis

Chief Complaint

90
Date

Hospital Entry No. 17836721 Dated 20-10-21

Department Address

Name Age Sex
12 yrs
(M)

SERVICES HOSPITAL PESHAWAR
GOVERNMENT OF KPK
OPD REGISTRATION



(70)

Dr. Ihsan Ullah

M.B.B.S, BSC,



ڈاکٹر احسان

ایم بی بی ایس، بی ایس سی

Clinic:
City Railway Mall Godam Road,
Back Side of Rahim Medical
Center Mohallah Sakra ram
Peshawar City.

کلینک: شہری ریلوے مال گودام روڈ محلہ سکھیرا رام
پشتون جم میڈیکل سنٹر، پشاور شہر

Pt's Name Ilyas Age 36 Sex O Date 14/11/22

Clinical Record

Rx

R to mobilize
the
shoulder
-
60°
-
60°
New & $\frac{60}{360} + \frac{60}{360}$
①

2

(71)

(72)

Dr. Ihsan Ullah
M.B.B.S, BSC,



ڈاکٹر احسان

Clinic:
City Railway Mall Godam Road,
Back Side of Rahim Medical
Center Mohallah Sakira ram
Peshawar City.

ایم بی بی ایس، بی ایس سی
کلینک: سٹی ریلوے مال گودام روڈ محلہ سکیرا رام
پشت رحیم میڈیکل سنٹر، پشاور سٹی

Pt's Name..... Age 35 Sex..... Date 11/22

Clinical Record

Rx
2 to 6
- 8
- 5
- 5

737

International Medical Laboratory

Sikandar Pura Opposite
Saeed-ul-Majeed Clinic Peshawar City.



MICROBIOLOGIST

Mr. Honihar Ullah
M. Phil

HISTOPATHOLOGIST / CYTOPATHOLOGIST

DR. MARYAM TARIQ
MBBS, RMP
PMDC Reg #: 27889-N

Mob: 0316-9594668 - 0346-9873249

NAME : ILYAS

SEX : MALE

AGE : ?

SPECIMEN : BLOOD

TEST REQUIRED : FULL BLOOD COUNT, DENGUE NS1

DATE : 21/11/2022

TIME : 09:06:23

REPORT # : 434

REFERRED BY : OPD

FULL BLOOD COUNT

TEST	RESULT	UNITS	NORMAL RANGE
Haemoglobin	12.7	Gm/dl	M 14 ---- 18 F 12 ---- 16
TLC	6,900	/cmm	4000 - 11000
Platelet Count	2,20,000	/cmm	150000 - 400000

DIFFERENTIAL COUNT

Neutrophils	70	%	40 ----- 75
Lymphocytes	26	%	20 ----- 40
Eosinophils	03	%	01 ----- 06
Monocytes	01	%	02 ----- 10

Malarial Parasites

No MP seen in both thick and thin smear exam

Lab Incharge

All queries/Discrepancies if any may be referred to our lab. Within 24 Hrs. Of reporting for re-valuation / confirmation.

(74)

International Medical Laboratory

Sikandar Pura Opposite
Saeed-ul-Majeed Clinic Peshawar City.



MICROBIOLOGIST

Mr. Honihar Ullah
M. Phil

HISTOPATHOLOGIST / CYTOPATHOLOGIST

DR. MARYAM TARIQ
MBBS, RMP
PMDC Reg #: 27889-N

Mob: 0316-9594668 - 0346-9873249

NAME : ILYAS
SEX : MALE
AGE : ?
SPECIMEN : BLOOD
TEST REQUIRED : FULL BLOOD COUNT, DENGUE NS1

DATE : 21/11/2022
TIME : 09:06:23
REPORT # : 434
REFERED BY : OPD

RESULT

DENGUE NS1

Dengue NS1 Positive (+ ive)

Lab Incharge

All queries/Discrepancies if any may be referred to our lab. Within 24 Hrs. Of reporting for re-valuation / confirmation.

CAPITAL CITY POLICE PESHAWAR
SUPERINTENDENT OF POLICE HEADQUARTERS

(75)



TO DIRECTOR GENERAL HEALTH & SERVICES,
KHYBER PAKHTUNKHWA, PESHAWAR

No. /CRC, dated Peshawar the / /2020

SUBJECT MEDICAL BOARD

MEMORANDUM

Enclosed please find herewith an application submitted by Constable Ilyas Ahmad No. 5990 of CCP Peshawar has requested for medical board on the grounds mentioned in his application.

It is requested that a standing Medical Board may please be constituted to dig-out the facts and opinion of the Medical Board be forwarded to this office to proceed further in the matter.

Encls: (44)

For Capital City Police Officer,
Peshawar

R
22/10

Prime Minister's Performance Delivery
Unit (PMDU)

Pakistan Citizen's Portal (PCP)

Police Department, KP Khyber Pakhtunkhwa

KP171023-90958316 (AB)

Print Date: 18/01/2024



(16)

(76)

A. Complaint Details

DATE OF COMPLAINT	17/10/2023	CURRENT STATUS	Resolved (10 Days, 0 months, 0 years)
COMPLAINT CATEGORY/ LEVEL 1:	Law & Order	COMPLAINT SUB-CATEGORY/ LEVEL 2:	Police (Bias Attitude of Police)
LOCATION OF COMPLAINT:	Peshawar (Khyber Pakhtunkhwa, Pakistan)	COMPLAINT ADDRESS:	peshawar
GPS ADDRESS:	2H7M+HF4, Sikandarp?ra Hashtnagri, Peshawar, Khyber Pakhtunkhwa, Pakistan, Peshawar, Khyber Pakhtunkhwa, Pakistan	CITIZEN PROFILE	Provided by Citizen
COMPLAINT SUBJECT	Request for justice and medical help		

Contents

Asalam o alaikum sir mudbana guzarish hai k sahil ko jaiz arzo marooz k liye SSP Coordination ko paishi ki ijazat mil jaye ta k sahil apni rodaad janab e mohtaram SSP Coordination ko bata sakay or sahil ki madad ki ja sakay. Sahil behad takleef m hai. AIEN Nawazish ho gi ILYAS AHMAD 5990 CCP, Peshawar line.

Attachment

No Attachment with complaint.

3. Complaint Processing History

#	DATED	FROM	TO	STATUS	REMARKS
1	27/10/2023	CCPO, Peshawar	Citizen	Resolved (RG)	Dear Citizen, SSP Coordination Allowed.
2	17/10/2023	IG Police, KP	CCPO, Peshawar	In-progress	Forwarded for necessary action please.
3	17/10/2023	Initiated	IG Police, KP	In-progress	Complaint has been assigned to IG Police, KP

C. Complaint Resolution Quality Checklist



Prime Minister's Performance Delivery Unit (PMDU)

Pakistan Citizen's Portal (PCP)

Police Department, KP Khyber Pakhtunkhwa

KP171023-90958316 (AB)

Print Date: 18/10/2024



A. Complaint Details

DATE OF COMPLAINT	17/10/2023	CURRENT STATUS	Resolved (10 Days, 0 months, 0 years)
COMPLAINT CATEGORY/ LEVEL 1:	Law & Order	COMPLAINT SUB-CATEGORY/ LEVEL 2:	Police (Bias Attitude of Police)
LOCATION OF COMPLAINT:	Peshawar (Khyber Pakhtunkhwa, Pakistan)	COMPLAINT ADDRESS:	peshawar
GPS ADDRESS:	2H7M+HF4, Sikandarp?ra Hashtnagri, Peshawar, Khyber Pakhtunkhwa, Pakistan, Peshawar, Khyber Pakhtunkhwa, Pakistan	CITIZEN PROFILE	Provided by Citizen
COMPLAINT SUBJECT	Request for justice and medical help		

Contents

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3	17/10/2023	Initiated	IG Police, KP	In-progress	Complaint has been assigned to IG Police, KP

C. Complaint Resolution Quality Checklist

ACTIONS	YES	NO	N/A
Approval from the competent authority is solicited ?	✓	✗	✗
Necessary proof/evidence/reason of the action taken provided ?	✓	✗	✗
Action statement drafted in professional and official manner ?	✓	✗	✗
Respect towards citizen maintained ?	✓	✗	✗
Action taken on complaint within the assigned timeline (20-41 days) ?	✓	✗	✗

ORDER

This Order will dispose off departmental enquiry initiated, vide this office Endstt No. 236/F/PA, dated 12.09.2023, against Constable Ilyas Belt No. 5990.

2. Brief facts are that Constable Ilyas Belt No. 5990, while posted in Police Lines found absent vide DD No. 04, dated 03.04.2023. The inquiry in the matter was entrusted to DSP HQrs CCP Peshawar.
3. The E.O conducted a thorough enquiry in the matter. The E.O in his findings report received to this office vide No. 3197 dated 10.10.2023, reported that the official remained continuously absent for 183 days and reported his arrival on 03.10.2023 vide DD No. 30. The E.O recommended Major Punishment of Compulsory Retirement to be awarded to the delinquent official.
4. Upon receiving the finding report from the E.O, this office vide Endstt No. 4166/PA, dated 31.10.2023, issued Final Show Cause Notice to the Official. The official acknowledged the Final Show Cause Notice and submitted his reply. He took the plea of illness for his absence.
5. The Official was heard in person on 19.12.2023.
6. Therefore, based on foregoing, His statement is found un-satisfactory. Hence keeping in view the recommendations of the Enquiry Officer, he is awarded major Punishment and Retired Compulsorily from Service. Absence period for 183 days i.e w.e.f 03.04.2023 to 03.10.2023 is treated as without pay.

Order Announced.

SUPERINTENDENT OF POLICE
HEADQUARTERS, PESHAWAR

OB No. 3203 /
Dated 21/12 /2023

No. 5661-70 /PA/SP/dated Peshawar the 21/12 /2023

Copies to:

1. The Capital City Police Officer, Peshawar.
2. The SSP Operation & Coordination, Peshawar.
3. DSP/HQrs, Peshawar.
4. Pay Officer, OASI, & CRC.
5. MASI CCP Peshawar.
6. Ilyas Khan R/O Aman Kot, Koocha Thekedaran, Pabbi, District Nowshera.

(a) ...
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۱۔ ایک نیا نیا پتہ تلاش کرنا اور اسے اپنا پتہ بنانا۔
۲۔ ایک نیا نیا پتہ تلاش کرنا اور اسے اپنا پتہ بنانا۔
۳۔ ایک نیا نیا پتہ تلاش کرنا اور اسے اپنا پتہ بنانا۔
۴۔ ایک نیا نیا پتہ تلاش کرنا اور اسے اپنا پتہ بنانا۔
۵۔ ایک نیا نیا پتہ تلاش کرنا اور اسے اپنا پتہ بنانا۔

۶۔ ایک نیا نیا پتہ تلاش کرنا اور اسے اپنا پتہ بنانا۔

۷۔ ایک نیا نیا پتہ تلاش کرنا اور اسے اپنا پتہ بنانا۔
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۲۰۔ ایک نیا نیا پتہ تلاش کرنا اور اسے اپنا پتہ بنانا۔

16-1-2024

5990
التاريخ

16-01-2024

م

(6)

88

0312-9030052

OASI
CP 04-23



U.S. U.S. U.S.

28-4-23 996 DB MS U.S. U.S.

599081

590-RITER WILLIAMS

82-A

42657	پشاور بار ایسوسی ایشن، خیبر پختونخواہ
ایڈویکٹ: <u>لوہی آج</u>	PESHAWAR BAR ASSOCIATION
بار کونسل ایسوسی ایشن نمبر: <u>03C-09-1683</u>	
رابطہ نمبر: <u>03159168792</u>	

بعدالت جناب: محمد یاسین لہوکی ٹریڈ منیجمنٹ

مخاطب: <u>سائل</u>	دعویٰ:
<u>الیاس احمد</u>	علت نمبر:
<u>بنام</u>	مورخ:
<u>آئی جی KP</u>	جرم:
	تھانہ:

باعت تحریر آگہ

مقدمہ مندرجہ عنوان بالا میں اپنی طرف سے واسطے پیروی و جواب دہی کاروائی متعلقہ آن مقام لہور کیلئے لوہی آج دا محمد علی شہزاد کو وکیل مقرر کر کے اقرار کیا جاتا ہے کہ صاحب موصوف کو مقدمہ کی کل کاروائی کا کمال اختیار ہوگا، نیز وکیل صاحب کو راضی نامہ کرنے و تقرر ثالث و فیصلہ بر حلف دینے جواب دعویٰ اقبال دعویٰ اور درخواست از ہر قسم کی تصدیق زریں پر دستخط کرنے کا اختیار ہوگا، نیز بصورت عدم پیروی یا ڈگری یکطرفہ یا اپیل کی برآمدگی اور منسوخی، نیز دائر کرنے اپیل مگرانی و نظر ثانی و پیروی کرنے کا مختار ہوگا اور بصورت ضرورت مقدمہ مذکورہ کے کل یا جزوی کاروائی کے واسطے اور وکیل یا مختار قانونی کو اپنے ہمراہ یا اپنے بجائے تقرر کا اختیار ہوگا اور صاحب مقرر شدہ کو وہی جملہ مذکورہ بالا اختیارات حاصل ہوں گے اور اس کا ساختہ پر داخہ منظور و قبول ہوگا دوران مقدمہ میں جو خرچہ ہر جانب التوائے مقدمہ کے سبب سے ہوگا کوئی تاریخ پیشی مقام دورہ یا حد سے باہر ہو تو وکیل صاحب پابند نہ ہوں گے کہ پیروی مذکورہ کریں، لہذا وکالت نامہ لکھ دیا تاکہ سند رہے

المرقوم: 1/20

العبد محمد یاسین لہوکی واقعہ العبد محمد یاسین لہوکی مقام لوہی ٹریڈ منیجمنٹ لہور کے لیے منظور ہے۔

Accepted

نوٹ: اس وکالت نامہ کی فیکس کاپی نام قابل قبول ہوگی۔

محمد یاسین لہوکی

محمد یاسین لہوکی